

## Covenant School of Nursing Reflective Practice

Use this template to complete the Reflective Practice documentation. Do not exceed the space in each box. Any information not visible to you is lost.

<p>Step 1 Description</p> <p>Our clinical scenario testing, CPE, was a graded scenario this module. It took place at the SIM lab and was an individual scenario. I was the nurse who had to receive report and administer medications, using critical thinking to know which medications to give and to hold depending on the condition of my patient.</p>	<p>Step 4 Analysis</p> <p>This was a simulation to gauge our clinical performance as providers. It tested our ability to think critically with the knowledge we have gained thus far in our nursing education. Working in a controlled simulation environment allows us to sharpen our skills in an environment where mistakes can be taken back.</p>
<p>Step 2 Feelings</p> <p>I was nervous going into the scenario, as usual. Once I received my patient chart and I was able to look through it, my mind was able to relax just a little because I felt prepared. When I passed the scenario, it felt like a weight we lifted off my shoulders.</p>	<p>Step 5 Conclusion</p> <p>What I learned from this event is that I love to see my knowledge base, problem solving, and critical thinking skills continue to grow as we move through the modules. The instructors are always available and want to see us succeed.</p>
<p>Step 3 Evaluation</p> <p>Overall, I believe the scenario went well. I was able to use my critical thinking skills to ensure the medications I administered, although prescribed, were safe to administer to my patient at that time.</p>	<p>Step 6 Action Plan</p> <p>I can take the knowledge and skills applied in this simulation and continue to flourish as a provider. I will continue to learn everyday so I can apply my learnings at bedside and grow to be the best provider I can be.</p>