Aspire, AA and Oceans Reflection (300 word minimum)

Safety & Quality Describe anything you accomplished to maintain a safe, quality environment	I feel like I did not get to do anything safety wise but I did learn a lot in terms of what they're able to provide for the residents. Ie. Meds, monitoring for withdrawal s/s, and room checks to ensure no temptations. They also are up to par on their knowledge of s.s of withdrawal and OD to ensure they know what to look for.
Clinical Judgment As you listened during group, how were you able to integrate classroom knowledge with what the patient/therapist were discussing: • What can you apply to this situation from your previous knowledge? • Can you apply these learnings to other events? How can you use this to further improve your practice in the future? • What have you learned from clinical?	I feel as though I saw a lot of reflection being utilized as well as imagery to metaphorically show the path that could be ahead of these addictions. I can apply this by just having a better understanding of addiction and compassion when caring for those afflicted with these conditions.
Patient Centered Care Identify one client in the group, what concerns, recommendations/interventions would you suggest?	One of the clients was a chronic relapse and OD victim. He is still seeking treatment and acknowledges that fentanyl will likely be the cause of him losing everything, including his own life. For him I would just recommend further counseling and rehabilitation, as well as potential family counseling as he has a child and seems to have a strong desire to make his dad proud but feels too far behind to make up.
Professionalism How did you maintain professionalism? You can review your clinical evaluation for ideas (What has this taught you about professional practice? About yourself?	
Communication & Collaboration Describe how you utilized therapeutic communication/collaboration	I just talked to them as regular people. We mutually (me and the clients I talked to) saw our differences but did not allow that to hinder and actual connection or caring aspect as human beings. 2 completely different paths and even though we were not there for the same reasons we all were there for a reason and it was a cathartic thing to think about for me.
Feelings • How were you feeling at the beginning? • What were you thinking at the time? • How did the event make you feel?	I was fairly indifferent to begin with, to be honest. Not excited nor opposed, just present. That being said, being there absolutely awakened a lot more for me than I thought it would. Not only, meeting the owner who himself was a recovering addict of 23 years along with his wife but

• What did the words or actions of others make you think? • How did this make you feel? • How did you feel about the outcome? • What is the most important emotion or feeling you had?	hearing his passion for what they're trying to do was beautiful. Hearing these mens testimonies about themselves and knowing that they're there because they're trying, because they want help, because they allowed themselves to be vulnerable and get help; it really just made me feel very moved by it all. As someone who's father passed due to substance abuse issues and the decision to drive while doing so; it made me think a lot about him and how for a long time I blamed him for his choices. Being able to see that the choice eventually becomes an obligation almost made me feel a lot more peace and just come to the realization that none of these men would want to lose everything because of this ailment. They also mentioned potentially opening a nursing position within the next 6 months so I inquired further on that and they told me to call them around that time to see if we could get something figured out. Very welcoming and encouraging.
Evaluation What stood out the most about Aspire, AA, or Oceans	For me, the passion behind the entirety of the operation. Also, the sense of home there rather than an obligation.