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DATE: Feb. 25

POST-CLINICAL REFLECTION **OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	It was a great experience to be able to put our knowledge to the test. It's one thing to go over a lecture vs. acting out a scenario. It made us think and react like a nurse should.
What did you already know and do well as you provided patient care?	The possible risks of the procedure being performed and reformed patient of possibilities of a c section occurring. Informed her of the goal of the procedure and informing her that she and the baby will be monitored closely for any complications that could arise.
What areas do you need to develop/improve?	Confidence when doing assessments. Learning how to read the FHM and being able to detect the changes and interpret which interventions are needed.
What did you learn today?	That as a nurse, when we first start out, we will have more learning to do pertaining to whichever specialty we go in to. The more times we perform assessments, the better and more confident we will be.
How will you apply what was learned to improve patient care?	Always advocate for your patient. Even if a physician is the one ordering certain protocols be overridden. Patient safety is first priority.
Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes .	<ol style="list-style-type: none">1. Clinical Judgement- In Hannahs scenario, the provider had requested she increase oxytocin from 4mU/min to 8mU/min. She used her clinical judgement and only increased by 1mU based off the patient's current state.2. Patient Centered Care- In my scenario, mom was concerned about the version procedure and was concerned about the possibility of a c-section. I went over the possibility of it happening due to the procedure and explained the risks. I didn't give false hope but reassurance that we would try our best to perform the procedure as best as possible.3. Professionalism- In my scenario, my patient and patients' family member kept insisting my charge nurse go on vacation with them and were being flirtatious. He remained professional while still maintaining a good nurse-patient relationship.