

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

**POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
<p>What feelings did you experience in clinical?</p> <p>Why?</p>	<p>As usual I am nervous during sim however Mrs. Soliz made it the experience very comfortable and really eased my anxiety. Overall I really enjoyed the experience it gave me hands on experience on how to deal with an anxious mom</p>
<p>What did you already know and do well as you provided patient care?</p>	<p>I knew the S&amp;S of preeclampsia, hypoglycemia, and what to do during a stress tests. As these were all things in my patients history and I was able to provide good patient education.</p>
<p>What areas do you need to develop/improve?</p>	<p>I need to improve more on what to say in the emotional aspect because my patient kept saying things about her previous stillborn and I would kind of freeze because I wasn't to sure what to say.</p>
<p>What did you learn today?</p>	<p>What to say to a grieving mother, and how to handle a mother who's anxious about her problems with her previous pregnancy.</p>
<p>How will you apply what was learned to improve patient care?</p>	<p>I will allow the patient to be able to express their feelings and open up about anything that has put stress on them by asking them open ended questions and allowing them to respond how they please.</p>
<p>Please <b>reflect</b> on how your OB simulation learning experience assisted in meeting 2-3 of the <b>Student Learning Outcomes.</b></p>	<ol style="list-style-type: none"> <li>1. For safety and quality, I verified patients name and DOB and allergies. I made sure she was comfortable and had her call light in reach. I also did my patient education on a healthy diet and what to stay away from since the patient had gestational diabetes</li>   <li>2. For communication and collaboration, we educated the patient of the safety aspects with her cat "smokey". We made sure to tell her to no longer change her cats litter box and to let her husband handle that aspect but she is able to still have the cat around as long as she stays away from the litter box.</li> </ol>

3.