

NAME: Celeste Gomez DATE: 02/19/2025

POST-CLINICAL REFLECTION **OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	During sim, I experienced both excitement and a little bit of anxiety trying to make sure that my scenario was calm and I was calm so that way I could provide the best patient care possible. I felt this way because mine was due to decreased fetal movement, for anyone that would be a bit overwhelming at first, since I had to prioritize what would give my patient the best outcome for them and their baby.
What did you already know and do well as you provided patient care?	I knew my patients background and their history, so that gave me a clue as to how the parents were going to be acting since they had experienced a stillbirth before at full term so for them to be nervous was something I was fully expecting.
What areas do you need to develop/improve?	I feel like I didn't get a chance to do my patient education but overall, I think that was what I needed to work on the most. Overall, I think I did pretty well for the scenario and my limited time. Time management and more assertive communication when speaking with doctors during an emergency.
What did you learn today?	That in emergency situations, I should always notify the physician first before trying to administer other care, but since my patient had GDM and was complaining of dizziness, I prioritized that over calling the doctor for the baby,
How will you apply what was learned to improve patient care?	I will apply what I learned in sim by having confidence in what to do during an emergency and what to say to my patients therapeutically after they had experienced a loss.
Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes .	<ol style="list-style-type: none">1. Clinical judgement: I interpreted in real time clinical data and identified potential complications and how to intervene. This experience has helped to enhance my decision making skills in a timely and efficient manner that is safe for my patient.2. Patient safety: This experience emphasized the importance of patient safety and continuous monitoring and how its important to catch declines early. Following these protocols are crucial to preventing adverse outcomes for the patient.

	<p>3. Interdisciplinary communication: I utilized SBAR format and collaborated with my CN, we had good teamwork together, and it highlighted our communication skills</p>
--	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------