

## Pediatric ED Reflection Questions

1. What types of patients (diagnoses) did you see in the PED?
  - a. Flu, Covid, UTI, urinary blockage, failure to thrive
2. The majority of the patients who came into the PED were from which age group? Was this what you expected?
  - a. Adolescent. I did not expect this, I expected more school-age children.
3. Was your overall experience different than what you expected? Please give examples.
  - a. Yes. I expected the ED to be very busy due to all the illnesses in the community, but it was not busy at all.
4. How did growth and development come into play when caring for patients (both in triage and in treatment rooms)?
  - a. I used a more nurturing tone when interacting with the infant and school age children I saw. With the adolescents, I made sure to speak to them like I would an adult as to not make them feel belittled.
5. What types of procedures did you observe or assist with?
  - a. I observed several IV starts and blood draws. I was able to assist with an very malnourished infant. The doctor asked me to hold the infant's pacifier in his mouth while they were trying to get an IV in. I also fed the infant 2 pedialyte bottles to help keep him calm and to try and get some fluids in him.
6. What community acquired diseases are trending currently?
  - a. Measles, flu, RSV, and covid
7. What community mental health trends are being seen in the pediatric population?

- a. According to the ED nurse I spoke with, suicidal ideation is common in young adolescents.
8. How does the staff debrief after a traumatic event? Why is debriefing important?
- a. Code lavender team. The nurse I spoke with also stated that the ED staff are all very close friends and they support each other.
9. What is the process for triaging patients in the PED?
- a. Patient is called back, VS, height, weight are recorded. Nurse asks patient/parent questions related to health history and why they are needing to be seen. Nurse documents all findings. Nurse takes patient to room and announces which room they are taking the patient to.
10. What role does the Child Life Specialist play in the PED?
- a. Prepare patients for painful procedures by introducing them to medical equipment.