

## Final Reflection

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My time doing my Module 8 preceptorship in the Pediatric Emergency Room has been a time of learning, stress, and excitement. The 10 clinical shifts I've had over the last several weeks have helped set a solid foundation for my nursing career as a Pediatric Emergency Room nurse. I've been able to practice skills, communication, education and so much more. These clinicals have been the greatest learning experience I've had in nursing school, and I've absorbed so much advice and knowledge that I will be able to apply to my nursing practice.

One specific example of knowledge is the ability to adapt to different communication styles that are specific to each patient and their family. In the Pediatric ER, the patient is not just the child who is sitting on the stretcher that you are assessing and tending to, it is truly the family unit that is your patient. This requires a lot of explaining, patience and even more compassion and empathy. You have to listen to each concern from each individual family member and provide reassurance in a way they will understand and perceive in a positive way. You cannot fully control the way patients and their family members perceive education or the things you are communicating to them, but kindness and patience goes a long way. This will help families listen and absorb the things you are teaching them.

Another example of knowledge is how to communicate with the healthcare team. The ER is unique in the way that each member of the healthcare team is readily available and present in the ER. This is something I love and appreciate, because it makes it easier to form relationships and trust between each other. The availability of the ER providers helps create a more cohesive care plan and there is no lack of communication and there is no gaps in the plan for each patient.

I knew I loved the pedi ER before my 10 preceptor shifts, but the ability to actually train as a nurse – giving medications, documenting assessments, providing total emotional and physical care for each patient I encounter – has made it incredibly real that I will be a nurse in a few short weeks. This creates a lot of anxiety and a lot of excitement in me. I hope I will be able to

provide compassionate care for each patient that I get to care for, and I know that my module 8 preceptorship has instilled the confidence in me that I have been lacking. I'm scared to not have the umbrella and safety that nursing school has provided me for that past 2 years, but I feel eager to get started and continue my nursing education. This module has solidified the foundation I need to be successful in my career.