

IM8: Capstone Appraisal of Student Performance

(preceptor Completes and Review with student)

Student: Maria Alegre

Midterm: _____

Unit: Med Surg

Finals: ✓

1. Please reflect on the student's clinical performance during the capstone preceptorship and appraise the following:

Clinical Learning Outcomes	Below Average Performance Needs Significant Guidance	Satisfactory Performance Needs Average Guidance	Outstanding Performance Needs Minimal Guidance
a. Safety/Quality: Integrate nursing care using evidence-based practice to promote safety and quality for patients, self and others			✓
b. Communication: Communicate and collaborate effectively with patients, family, and members of the interdisciplinary team in various healthcare settings. (SBAR, Documentation, patient advocacy)			✓
c. Clinical judgement: Integrate use of current evidence-based practice and clinical competence when making clinical decisions in the provision of patient centered care. (Clinical Judgement model)			✓
d. Patient centered care: Integrate nursing care for patients from diverse backgrounds based on patient age, culture, values, and educational needs.			✓
e. Professionalism: Integrate knowledge, skills, and attitudes required of the professional nurse, embracing lifelong learning to improve the quality of healthcare.			✓

2. What do you think are the student's personal strengths?

Willingness to learn, asks questions, and eager to try new things.

3. What have you identified as an opportunity for improvement for the student?

Time management can be improved throughout nursing career.

Preceptor Signature: M. Yeal Date: 2/17/25

Student Signature: Maria Alegre Date: 2/12/25

Instructional Module B : Capstone Precepted Clinical Experience Skills Checklist

Medical -Surgical, Antepartum & Mom/Bab Baby/pediatrics/Staffing

Purpose: This inventory of required skills is to be completed : Orientation, Midterm & finals

Introduction: Pre-Assessment= Mark an X on each skills that describes your experience

Preceptorship-Clinical time= write the date & preceptor's initial that describes your experience

Skills	Student's Pre-Assessment			Preceptorship Clinical Time	
	No. Experience	CPE	Clinical	Supervised	Performed independently
1. Assessment					
a. Vital signs			✓	1/31/25 ML	2/6/25 ML
b. Neurological			✓	6/6/25 ML	2/6/25 ML
c. Respiratory			✓	1/17/25 ML	2/6/25 ML
d. Cardiovascular			✓	1/17/25 ML	
e. Gastro intestinal			✓	1/17/25 ML	
f. Neuro-vascular			✓	1/17/25 ML	6/6/25 ML
2. Documentation					
a. Assessment			✓	1/17/25 ML	2/6/25 ML
b. vital signs			✓	1/31/25 ML	2/6/25 ML
c. Admission			✓	1/17/25 ML	
d. Discharge	✓			1/31/25 ML	2/6/25 ML
e. Transfer	✓				
3. Collaborative Communication					
a. SBAR			✓	1/20/25 ML	2/17/25 ML
b. Case Mgt	✓				
c. Physician					
d. Pharmacy	✓			2/15/25 ML	
e. Diagnostic	✓				
f. Respiratory			✓	2/15/25 ML	2/16/25 ML
g. PT/OT	✓				
4. Medication					
a. PO			✓	2/17/25 ML	2/6/25 ML
b. IVPB			✓	1/17/25 ML	1/31/25 ML
c. IV push			✓	2/17/25 ML	2/17/25 ML
d. Topical	✓			2/17/25 ML	
e. Tube feeding			✓		
f. IM			✓		
g. Subcutaneous			✓	2/17/25 ML	1/31/25 ML
h. Intradermal	✓				
i. Nasal	✓			2/15/25 ML	2/16/25 ML
j. Rectal	✓				
5. CVL & PICC					
a. Med. admin			✓	1/20/25 ML	2/1/25 ML
b. Blood draws			✓		
c. Dressing change			✓	1/31/25 ML	2/1/25 ML
e. Clave change	✓				
6. Drainage					
a. Removal	✓			2/1/25 ML	
b. Dressing change	✓			6/1/25 ML	2/6/25 ML
e. Monitoring			✓	1/20/25 ML	2/1/25 ML
7. Tube feedings					
a. Insertion	✓				
b. Removal	✓				
c. Checking residual			✓		
d. Feeding			✓		
e. Monitoring			✓		
8. Urinary catheter					
a. Insertion			✓	1/17/25 ML	2/16/25 ML
b. Removal			✓	2/15/25 ML	
c. Collect specimen			✓	2/7/25 ML	2/16/25 ML
9. Blood sugar test					
a. Operate glucometer			✓	1/17/25 ML	1/17/25 ML
b. Blood draw			✓		
c. finger stick			✓	1/17/25 ML	1/17/25 ML
d. Heel stick			✓		
10. Isolation Precautions					

a. Contact			✓	1/17/25 MV	1/17/25 ML
b. Droplet			✓	1/17/25 MV	1/17/25 ML
c. Neutropenic					
d. Airborne			✓		
11. Dressing Change					
a. Incision	✓			1/31/25 MV	2/7/25 ML
b. Wound			✓	2/7/25 ML	2/7/25 ML
c. Pressure Ulcer	✓				
12. Periphera IV					
a. Initiate			✓	1/17/25 MV	2/17/25 MV
b. Maintenance			✓	1/17/25 MV	1/31/25 MV
c. Removal			✓	1/17/25 MV	1/31/25 MV
13. Patient Education					
a. Medication			✓	1/17/25 MV	1/20/25 ML
b. Safety			✓	1/17/25 MV	1/17/25 MV
c. Wound care			✓	1/31/25 MV	4/5/25 ML
d. Diet			✓	1/20/25 MV	2/15/25 ML
e. Activity			✓		
f. Clinic follow-up			✓	1/17/25 MV	2/7/25 ML
14. Ostomy					
a. Measure output			✓	2/18/25 ML	2/18/25 ML
b. Change bag			✓	2/13/25 ML	
c. Skin care			✓	2/13/25 ML	
d. Monitoring			✓	2/13/25 ML	
15. Oxygen Therapy					
a. Nasal Cannula			✓	1/17/25 MV	2/6/25 ML
b. Venturi Mask	✓				
c. BIPAP			✓	2/16/25 ML	
d. Weaning Oxygen			✓		
16. Unit Routines					
a. Admission			✓	1/17/25 MV	2/13/25
b. Discharge	✓			1/17/25 MV	1/20/25 MV
c. Transport	✓				
e. Blood transfusion			✓		
f. Sepsis protocol		✓			
g. MEWS		✓			
h. Rapid Response			✓		
i. Transfer	✓				
j. Huddle			✓		
17. OB-GYN					
a. Stress test	✓				
b. Post NSD care	✓				
c. Newborn screening			✓		
d. Pre/post CS care			✓		
e. Magnesium Mgt.			✓		

Student Name (Print): *Mana Alegre*

Student Signature: *Mana Alegre*

Clinical Unit: *Med surg*

Preceptor: *Michelle Neal, RN*

Date: *2/17/25*

Evaluation of Preceptor by Student

Name of Preceptor: Michelle Leal

Clinical Unit: Med Surg

Please rate your preceptor on each question 1=Never/Poor 2=Seldom/Mediocre 3=Sometimes/Good 4=Often/Very Good 5=Always/Superb	Rating Please circle
Establishes a good learning environment (approachable, nonthreatening, enthusiastic, etc.)	1 2 3 4 <u>5</u>
Stimulates me to learn independently	1 2 3 4 <u>5</u>
Allows me autonomy appropriate to my level/ experience/ competence	1 2 3 4 <u>5</u>
Organizes time to allow for both teaching and care giving	1 2 3 4 <u>5</u>
Offers regular feedback (both positive and negative)	1 2 3 4 <u>5</u>
Clearly specifies what I am expected to know and do during the training period	1 2 3 <u>4</u> 5
Adjusts teaching to my needs (experience, competence, interest, etc.)	1 2 3 4 <u>5</u>
Asks questions that promote learning (clarifications, probes, Socratic questions, reflective questions, etc.)	1 2 3 4 <u>5</u>
Gives clear explanations/reasons for opinions, advice, or actions	1 2 3 4 <u>5</u>
Adjusts teaching to diverse settings (bedside, charting, nurses station, etc.)	1 2 3 4 <u>5</u>
Coaches me on my clinical/ technical skills (patient history, assessment, procedural, charting)	1 2 3 <u>4</u> 5
Incorporates research data and/or practice guidelines into teaching	1 2 3 <u>4</u> 5
Teaches diagnostic skills (clinical reasoning, selection/interpretation of tests, etc.)	1 2 3 4 <u>5</u>
Teaches effective patient and/or family communication skills	1 2 3 <u>4</u> 5
Teaches principles of cost-appropriate care (resource utilization, etc.)	1 2 3 4 <u>5</u>

1. What did you like best about your preceptor?

She made me feel comfortable I could ask questions to her making me feel dumb.

2. Do you have any suggestions for your preceptor to consider when working with future students?

No, she was perfect

Student Signature: Laura [Signature]

Date: 2/12/25

IM8 Capstone Preceptorship: Student Self-Evaluation

1. Please reflect on your performance during the capstone preceptorship and rate yourself on the following:

	I need significant guidance	I need average guidance	I need minimal guidance
a. Safety/Quality: I Integrate nursing care using evidence-based practice to promote safety and quality for patients, self and others			✓
b. Communication: I Communicate and collaborate effectively with patients, family, and members of the interdisciplinary team in various healthcare settings. (Documentation, Patient advocacy, & SBAR)		✓	
c. Clinical judgement: I integrate use of current evidence-based practice and clinical competence when making clinical decisions in the provision of patient centered care. (Clinical judgement model)			✓
d. Patient centered care: I integrate nursing care for patients from diverse backgrounds based on patient age, culture, values, and educational needs.			✓
e. Professionalism: I integrate knowledge, skills, and attitudes required of the professional nurse, embracing lifelong learning to improve the quality of healthcare.			✓

2. What do you think are your personal strengths?

I am very observant and notice subtle changes
I am aware of when something needs to be addressed promptly.

3. What have you identified as a personal opportunity for improvement?

The thing I struggle with the most is confidence. If I make a mistake I tend to lose focus because I'm fixated on the mistake I made.

Student Signature

[Handwritten Signature]

Date

2/17/25

Covenant School of Nursing

IM8 Clinical Experience- Daily Events Record

Student: Maria Alegre UNIT: MS-PLV Preceptor: Michelle Leal

<p>Instructions:</p> <p>1. Student's responsibility:</p> <ul style="list-style-type: none"> - This form must be presented to the preceptor on the first day of clinical. - Write the highlights & Skills observed / performed every each clinical time. - Discuss with the preceptor & write the areas to improve before the end of the shift. <p>2. Preceptor's responsibility:</p> <ul style="list-style-type: none"> - Must give feedback on the areas to improve & instruct the student to write on the allotted space. <p>3. Student & preceptor must sign their initial every each clinical day.</p>	<p>Highlights: Example (written)</p> <p>1. Team work-Rapid response</p> <p>2. learning opportunities -Staph Infection</p> <p>3. Post op admission</p> <p>Areas to improve:</p> <p>1. Assessment</p> <p>2. Anticipation of patient needs</p> <p>3. working on skills on Blood draw</p> <p>Skills observed & performed:</p> <p>1. NGT Insertion</p> <p>2. Orthostatic vital sign</p> <p>3. Trach suctioning</p>		<p>Date/Initial</p> <p>=Student</p> <p>= Preceptor</p> <hr/> <p>Date:</p> <p>10/23/2018</p> <p><u>E. Hamilton</u></p> <p>Student</p> <hr/> <p><u>A. Santos</u></p> <p>Preceptor</p>
<p>Highlights:</p> <p>1. insert a Foley - female - 1 try</p> <p>2. multiple assessments</p> <p>3. admission</p> <p>Areas to improve:</p> <p>1. time management</p> <p>2. education - DC</p> <p>3. admission questions</p> <p>Skills observed & performed:</p> <p>1. foley insertion</p>	<p>Date/Initial</p> <p>=Student</p> <p>=Preceptor</p>	<p>Highlights:</p> <p>1. postop hyst</p> <p>2. catching falling d/c</p> <p>3. making connections^{PT}</p> <p>Areas to improve:</p> <p>1. education on meds</p> <p>2. confidence</p> <p>3. preop checklist</p> <p>Skills observed & performed:</p>	<p>Date/Initial</p> <p>=Student</p> <p>=Preceptor</p> <hr/> <p>Date: 1/31/15</p> <p><u>M. Alegre</u></p> <p>Student</p> <hr/> <p><u>M. Leal, RN</u></p> <p>Preceptor</p>
<p>1. foley insertion</p> <p>2. IV PB prime and admin.</p> <p>3. post assessment op</p>	<p><u>M. Leal, RN</u></p> <p>Preceptor</p>	<p>1. IV push abx</p> <p>2. suction COPD pt</p> <p>3. ambulating postop w/p</p>	<p><u>M. Leal, RN</u></p> <p>Preceptor</p>
<p>Highlights:</p> <p>1. gave D50 hypoglycemic pt</p> <p>2. PIC central</p> <p>3. IV start</p> <p>Areas to improve:</p> <p>1. be aware of pulling meds</p> <p>2. documentation</p> <p>3. remember the little things</p> <p>Skills observed & performed:</p> <p>1. PIC central line</p> <p>2. IV start</p> <p>3. give meds through central line.</p>	<p>Date/Initial</p> <p>=Student</p> <p>=Preceptor</p>	<p>Highlights:</p> <p>1. helped c a fall</p> <p>2. dressing a wound</p> <p>3. working c NG</p> <p>Areas to improve:</p> <p>1. confidence!!!</p> <p>2. ask questions</p> <p>3. pt interaction</p> <p>Skills observed & performed:</p> <p>1. dressing change</p> <p>2. discharging pts</p> <p>3. used lift on amputee pt.</p>	<p>Date/Initial</p> <p>=Student</p> <p>=Preceptor</p> <hr/> <p>Date: 2/1/15</p> <p><u>M. Alegre</u></p> <p>Student</p> <hr/> <p><u>M. Leal, RN</u></p> <p>Preceptor</p>

<p>Highlights:</p> <ol style="list-style-type: none"> 1. discharge pt & minimal guidance. 2. taking care of peds 3. noticing a Δ in pt when given <p>Areas to Improve: ahvan</p> <ol style="list-style-type: none"> 1. think like a nurse, not an aid. 2. interacting c peds 3. organization <p>Skills observed & performed:</p> <ol style="list-style-type: none"> 1. Report to physician when Δ occurs 2. legally d/c pt alone 3. smoke assessment 	<p>Date/Initial</p> <p>=Student =Preceptor</p> <p>Date: 2/4/25</p> <p><u>M Alegre</u> Student</p> <p><u>M Leal</u> Preceptor</p>	<p>Highlights:</p> <ol style="list-style-type: none"> 1. DIC JP drain 2. take out staples 3. observe central line <p>Areas to Improve: put in</p> <ol style="list-style-type: none"> 1. time management 2. taking lead 3. prioritization <p>Skills observed & performed:</p> <ol style="list-style-type: none"> 1. starting TPN 2. observing central line 3. taking out JP drain/staples/sutures 	<p>Date/Initial</p> <p>=Student =Preceptor</p> <p>Date: 2/7/25</p> <p><u>M Alegre</u> Student</p> <p><u>Sordana RN</u> Preceptor</p>
<p>Highlights:</p> <ol style="list-style-type: none"> 1. putting foley in penis & trauma 2. getting a straight cath in 3. figuring out pt was retaining urine & out help <p>Areas to Improve: difficult pt</p> <ol style="list-style-type: none"> 1. pay attention to the room 2. use family for background info 3. throw away old tubing <p>Skills observed & performed:</p> <ol style="list-style-type: none"> 1. foley insertion 2. straight cath 3. post op myradectomy assessment 	<p>Date/Initial</p> <p>=Student =Preceptor</p> <p>Date: 2/3/25</p> <p><u>M Alegre</u> Student</p> <p><u>T Jordan</u> Preceptor</p>	<p>Highlights:</p> <ol style="list-style-type: none"> 1. got a dementia pt to recognize or interact 2. made great connection 3. helped brighten up pt day w/ flowers <p>Areas to Improve:</p> <ol style="list-style-type: none"> 1. effective time preping 2. interpreting lab values 3. recognizing importance of things <p>Skills observed & performed:</p> <ol style="list-style-type: none"> 1. DIC foley 2. DIC IV 3. maintained aspiration precautions 	<p>Date/Initial</p> <p>=Student =Preceptor</p> <p>Date: 2/15</p> <p><u>M Alegre</u> Student</p> <p><u>M Leal RN</u> Preceptor</p>
<p>Highlights:</p> <ol style="list-style-type: none"> 1. building rapport on difficult pt 2. discovering way to transfer rib fx pt pain free 3. clearing an airway <p>Areas to Improve:</p> <ol style="list-style-type: none"> 1. delegation 	<p>Date/Initial</p> <p>=Student =Preceptor</p> <p>Date: 2/16/25</p> <p><u>M Alegre</u> Student</p> <p><u>T Jordan</u> Preceptor</p>	<p>Highlights:</p> <ol style="list-style-type: none"> 1. identifying an immediate 2. successfully starting a 'hard stick' 3. Keeping people calm <p>Areas to Improve: during power outage</p> <ol style="list-style-type: none"> 1. pay attention to lines/IV 2. dealing c tubing 3. don't get flustered in emergent situations <p>Skills observed & performed:</p> <ol style="list-style-type: none"> 1. IV start 2. foley insertion 3. airway assessment/ intervention 	<p>Date/Initial</p> <p>=Student =Preceptor</p> <p>Date: 2/17/25</p> <p><u>M Alegre</u> Student</p> <p><u>M Leal RN</u> Preceptor</p>
<p>Skills observed & performed:</p> <ol style="list-style-type: none"> 1. foley insertion pads ect 2. suction aspirating pt 3. ambulated pt c broken ribs 	<p><u>M Alegre</u> Student</p> <p><u>T Jordan</u> Preceptor</p>	<p>Skills observed & performed:</p> <ol style="list-style-type: none"> 1. IV start 2. foley insertion 3. airway assessment/ intervention 	<p><u>M Alegre</u> Student</p> <p><u>M Leal RN</u> Preceptor</p>

Student Name Mania Alegre

Record of Precepted Clinical Experiences

Date	Exact Time Ex.(0645-1915)	Location	Preceptor's Print & Signature
1/17/25	0639-1900	MS-Plainview	Michelle Leal / mLeal
1/20/25	0634-1908	MS-Plainview	Michelle Leal / mLeal
1/31/25	0637-1902	MS-Plainview	Michelle Leal / mLeal
2/1/25	0638-1902	MS-Plainview	Michelle Leal / mLeal
2/6/25	0636-1911	MS Plainview	Michelle Leal / mLeal
2/7/25	0638-1913	MS Plainview	Toni Cordova / Cordova
2/13/25	0630-1923	MS Plainview	Toni Cordova / Cordova
2/15/25	0631-1914	MS Plainview	Michelle Leal / mLeal
2/16/25	0635-1904	MS Plainview	Toni Cordova / Cordova
2/17/25	0638-1918	MS Plainview	Michelle Leal / mLeal

REMINDER: Do not pre-fill out. Document your actual time after each shift & have your preceptor sign. The time prior shift starting time & the time after does not count extra, 0645-1915 is simply a 12 hour shift.

Preceptor's Signature Michelle Leal, RN

Preceptor's Signature Michelle Leal, RN