

## Pediatric ED Reflection Questions

1. What types of patients (diagnoses) did you see in the PED?

I saw a lot of babies come in with a fever and a lot of children come in with sore throats and a bad cough. My patient, who was 5 weeks old, ended up having covid. Many others had RSV.

2. The majority of the patients who came into the PED were from which age group? Was this what you expected?

A lot of patients were babies (birth-1 year). I assumed it would be more pre-school/school aged children.

3. Was your overall experience different than what you expected? Please give examples.

Yes, I expected it to be super crazy in the ED, but it ended up being super relaxed and a lot of times we were just sitting and waiting for patients.

4. How did growth and development come into play when caring for patients (both in triage and in treatment rooms)?

In the Patient's room that I was in, she was 5 weeks old. We had to do a lot of soothing and nonnutritive sucking with a paci and sugar water. This helped soothe the patient during IV insertion and catheter insertion.

5. What types of procedures did you observe or assist with?

I assisted and helped hold a patient during IV insertion and catheter insertion. I also took Vital signs.

6. What community acquired diseases are trending currently?

Measles, RSV, Flu, Covid

7. What community mental health trends are being seen in the pediatric population?

A lot of depression and anxiety

8. How does the staff debrief after a traumatic event? Why is debriefing important?

The staff will come together and talk about it afterwards and talk through things. Debriefing is important to be able to talk through emotions and to take care of your mind and self.

9. What is the process for triaging patients in the PED?

A nurse will assess each patient and rank them based on life threatening situations. The nurse then assigns them to a room and the nurses will assign themselves to different patients.

10. What role does the Child Life Specialist play in the PED?

Child life will help with distracting patients during procedures