

NAME: _____

DATE: _____

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I was feeling confident because I read my scenario the night before and I knew what to do during simulation. And also, we already learnt most of the stuff in class which made it less nerve racking
What did you already know and do well as you provided patient care?	I knew how to do IUR if the fetal heart rate monitor showed the fetus was in distress. My patient was admitted because of SR0M so I knew to check her temp and vital signs because there is a risk of chorioamnionitis. I also did good with implementing the priorities I set out to do.
What areas do you need to develop/improve?	I need to improve on my therapeutic communication with patient and family especially if the family is very inquisitive. I also need to improve on my SBAR when communicating with other healthcare members like the physician.
What did you learn today?	I learnt to be a patient advocate even with a physician who isn't putting the patient first. I learnt more about the non-stress test in that a buzzer can be used to stimulate baby if they don't move on their own.
How will you apply what was learned to improve patient care?	I will use therapeutic communication I learned to communicate with patients and their family. I will be assertive and be a patient advocate even when communicating with unreasonable physicians.
Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes .	<ol style="list-style-type: none"> 1. I used an SBAR to communicate with the physician to ask about the oxytocin titration. 2. I used family centered care by respecting patient's wishes regarding child birth for example my patient wanted dim lights, calm music playing and spouse present and I made sure that was available for her. 3. I implemented my priority nursing interventions for my patient who had SR0M and tested positive for group b strep. I hang the antibiotics, checked vital signs and placed the fetal heart rate monitor during my scenario.

