

NAME: _____ Hongliang zhai _____ DATE: _____ 02/06/25 _____

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	Feel more confidence. I had few moment of blank out and forget about how to keep perform nursing care about labor, I think sim lab environment gave me an safe environment to calm down and keep practice.
What did you already know and do well as you provided patient care?	<ul style="list-style-type: none"> • Patient & family education • Id family • Identify risk factor
What areas do you need to develop/improve?	<ul style="list-style-type: none"> • Know how to read contraction pattern • More experience and knowledge about how to handle family members
What did you learn today?	In the labor & delivery floor, things could shift quickly, both mom and fetal are my patients to advocate for. Need have clinical judgement and pre thinking before come into the room.
How will you apply what was learned to improve patient care?	<ul style="list-style-type: none"> • Prepare better communication skill • Try to quicker find out risk factor • Practice follow the implantation and predict outcome
Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes .	<ol style="list-style-type: none"> 1. Safety & quality --- able to identify PPD risk factor and suggest therapy. Try to advocate for patient 2. Clinical judgement --- able to read contraction pattern and advocate for patient, try to reach provider ASAP. 3. Communication --- able to communicate with family and try to understand what patient and family needed.