

## Adult/Geriatric Medication Worksheet – Current Medications & PRN from 12pm prior day to 12pm current day

Allergies: NKDA

Primary IV fluid and rate: 0.9% NaCl 25mL/hr

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic): Isotonic

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
Posaconazole (Noxafil)	300mg PO daily with breakfast 3tabs (DR tabs) (100mg/1tab)		Antifungal, can help treat those who have a weakened immune system. This pt has cancer and recent history of pneumonia and is still treated for URI	<ol style="list-style-type: none"> <li>1. Make sure to take this med with food as it can cause abdominal cramps and more GI upset. Can be taken with Ginger Ale or other acidic beverage</li> <li>2. Do not crush, chew, or break the tablets as it can affect the effectiveness of the medication</li> <li>3. Take 2 hours prior to protonix as it can increase gastric pH</li> </ol>
Pantoprazole (protonix)	DR tab 40mg PO daily with breakfast		Stomach ulcer prevention as the stay and illness can cause stress on the body	<ol style="list-style-type: none"> <li>1 May increase glucose levels, so monitor glucose levels closely and give SSI as needed</li> <li>2. Take around the same time daily as it will keep a stable level in your system</li> <li>3. Teach s/s of low magnesium such as muscle spasms, tremors, seizures, abnormal heart rate, palpitations, etc. as this</li> </ol>

## Adult/Geriatric Medication Worksheet - Current Medications & PRN from 12pm prior day to 12pm current day

Allergies: NKDA

Primary IV fluid and rate: 0.9% NaCl 25mL/hr

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic): Isotonic

				medication can lower your mg
Megestrol (Megace)	40mg/mL suspension 200mg PO QTID		Antineoplastics- used to treat cancer	<p>1. This medication can raise glucose levels, so teach hyperglycemia signs and symptoms ( dry mouth, N/v, confusion, severe hyperglycemia can lead to fruity smelling breath)</p> <p>2. alcohol can increase the risk of thrombotic events, teach signs of fluid retention such as swelling, weight gain of 2lbs or more a day or 5lbs in a week.</p> <p>3. Notify of vaginal bleeding as it can signify vaginal hemorrhage, which can cause the patient to bleed out</p>
Levothyroxine (Synthroid)	1 tab (50mcg) daily PO before breakfast		Hypothyroidism	<p>1. take at the same time daily as it can affect the levels of thyroid hormone in your system if taken at different times as well as prevent insomnia</p> <p>2. Take on an empty stomach 30 mins before breakfast as it affects the absorption , do not stop</p>

## Adult/Geriatric Medication Worksheet - Current Medications & PRN from 12pm prior day to 12pm current day

Allergies: NKDA

Primary IV fluid and rate: 0.9% NaCl 25mL/hr

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic): Isotonic

				<p>abruptly</p> <p>3. Can cause bone loss in women, so take a calcium supplement as well.</p>
Fluoxetine (Prozac)	20mg cap PO daily		Anxiety, depression	<p>1. Teach flu-like symptoms (fever, chills, cough) advise to be seen as this can be a adverse effect to the medication as well as URI</p> <p>2. May increase risk for suicidal thoughts, provide resources such as counseling numbers, support groups, notify HCP, teach coping tactics</p> <p>3. May decrease sodium levels, continue to have these monitored, teach low sodium s/s such as confusion, tachycardic, seizures, stomach cramps, etc</p>
Enoxaparin (lovenox)	30mg/0.3mL injection SQ daily		Preventing blood clots due to being bedridden	<p>1. help prevent blood clots due to be being bedridden and not able to move.</p> <p>2. Must continue to watch platelet count as it can</p>

# Adult/Geriatric Medication Worksheet – Current Medications & PRN from 12pm prior day to 12pm current day

Allergies: NKDA

Primary IV fluid and rate: 0.9% NaCl 25mL/hr

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic): Isotonic

				<p>occasionally cause decrease in platelets making you susceptible to bleed easier/more</p> <p>3. May be used to help with anemia from chemotherapy.</p>
Folic acid	1mg tab daily PO		Increase platelets, RBC	<p>1. bran, yeast dry beans, nuts, fruits and veggies for nutritional status , include foods high in folic acids, organ meats, fresh veggies and fruit</p> <p>2. take product exactly as prescribed in period lab work is required to test erythropoiesis increases RBC, WBC, platelet formation with megaloblastic anemia</p> <p>3. Urine may turn bright yellow</p>
Magnesium oxide (mag-ox)	0-800 mg PO daily 0-2 tabs x 400mg		Replenish magnesium ( low mag)	<p>1. Do not use laxatives for long term therapy as bowel tone will be lost</p> <p>2. Do not give at bed time as a laxative may interfere with sleep, can contradict milk of magnesia</p>

## Adult/Geriatric Medication Worksheet – Current Medications & PRN from 12pm prior day to 12pm current day

Allergies: NKDA

Primary IV fluid and rate: 0.9% NaCl 25mL/hr

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic): Isotonic

				3. Give citrus fruit to over balance bad taste
Piperacillin tazobactam (Zosyn)	3.375g in 100mL NaCl IVPB q8hr over 4 hour period	3,375mg in 100mL of 0.9% NaCl at a rate of 25mL an hour ( go over a 4 hour period)	Antibiotic – treating upper respiratory infection/ pneumonia	1. Stay hydrated due to this medication possibly causing diarrhea/ bloody stools  2. due to the harness of the medication you may experience skin abruptions after admin  3. check all meds and known allergies as they can contradict this medication and lead to a reaction
				1.  2.  3.

Medication reference: