Aspire, AA and Oceans Reflection (300 word minimum)

Safety & Quality Describe anything you accomplished to maintain a safe, quality environment	We had a respectful and confidential environment where they felt safe with sharing their story and opening up to us.
Clinical Judgment As you listened during group, how were you able to integrate classroom knowledge with what the patient/therapist were discussing: • What can you apply to this situation from your previous knowledge? • Can you apply these learnings to other events? How can you use this to further improve your practice in the future? • What have you learned from clinical?	At the AA meeting, I applied my knowledge of addiction as a chronic disease, understanding that recovery is an ongoing process requiring support and relapse prevention. I recognized the importance of the 12-step model, which emphasizes acceptance, accountability, and spiritual growth. My training in therapeutic communication helped me observe how members shared their experiences in a judgment-free space, reinforcing the value of peer support.
Patient Centered Care Identify one client in the group, what concerns, recommendations/interventions would you suggest?	One client expressed isolation and guilt, risking relapse. I recommend continued AA participation, finding a sponsor, and seeking therapy for emotional support. Encouraging structured routines and sober activities can help maintain sobriety.
Professionalism How did you maintain professionalism? You can review your clinical evaluation for ideas (What has this taught you about professional practice? About yourself?	I maintained professionalism through active listening, empathy, and confidentiality, fostering a respectful environment. This experience reinforced the importance of ethical practice, self-awareness, and the impact of compassionate support in recovery.
Communication & Collaboration Describe how you utilized therapeutic communication/collaboration	I used therapeutic communication by actively listening, offering encouragement, and maintaining a nonjudgmental tone. Collaboration involved supporting group discussions, reinforcing shared experiences, and

	promoting peer connections for recovery support
Feelings • How were you feeling at the beginning? • What were you thinking at the time? • How did the event make you feel? • What did the words or actions of others make you think? • How did this make you feel? • How did you feel about the outcome? • What is the most important emotion or feeling you had?	At the beginning, I felt curious and slightly nervous, wondering how open members would be. The event made me feel engaged and empathetic, as members shared personal struggles. Their words made me think about the power of peer support and resilience. I felt moved and inspired by their honesty. The outcome was positive, reinforcing the impact of group therapy. The most important feeling I had was respect for their courage in recovery.
Evaluation What stood out the most about Aspire, AA, or Oceans	What stood out most about AA was the strong sense of support and nonjudgmental acceptance among members. The honesty, vulnerability, and shared experiences created a powerful environment for healing and recovery.

PMH CSON Student Community Site Verification Form

Instructional Module: IM 6

Covenant School of Nursing

Student Name: Kylee "Nicole" Campbell

Instructor Contact Information:
Annie Harrison - (806) 224-3078
Jaynie Maya - (806) 928-8753

Community Site: AA meeting/new Beginnings **Date:** ~~01~~ 02/4/2025
Student's Arrival Time: 10:30am **Departure Time:** 11:30am
Printed Name of Staff: Sara D. Roberts **Signature:** Sara D. Roberts

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Community Site: _____ **Date:** _____
Student's Arrival Time: _____ **Departure Time:** _____
Printed Name of Staff: _____ **Signature:** _____

Community Site: _____ **Date:** _____
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Adopted: August 2016
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