

## Covenant School of Nursing Reflective Practice

Name:

Instructional Module:

Date submitted:

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<p><b>Step 1 Description</b></p> <p>New onset diabetes in children was an experience I crossed many times during my preceptorship in the PICU at Covenant. My first two shifts was taking care of an 16 year old and a 12 year old, both female, patients who were admitted to the unit with DKA.</p>	<p><b>Step 4 Analysis</b></p> <p>Reading material and previous lecture notes I took throughout my nursing modules helped me refresh my memory on this condition. Reading the books such as Lewis Medical Surgical Nursing helped on the pathology of this condition and treatment plans used to provide a normal and quality lifestyle to our patients and family.</p>
<p><b>Step 2 Feelings</b></p> <p>This experience was overwhelming initially for me due to the amount of education and med administration scheduled for our two patients. Fortunately for me my preceptor nurse walked me through the process on how to take care and properly educate our patients.</p>	<p><b>Step 5 Conclusion</b></p> <p>In conclusion our patients received high quality education and support from healthcare providers. This impacted the families immediately and hope was seen as anxiety and worry slowly left the air. It was understood by patient and family that with time and proper management their lives would continue normally as they adapted to the new lifestyle changes.</p>
<p><b>Step 3 Evaluation</b></p> <p><del>This event</del> This event showed me how to use valuable resources from other medical experience staff and how to rely on evidence based practice. The outcome was successful as we demonstrated, educated, and taught how to manage this new condition.</p>	<p><b>Step 6 Action Plan</b></p> <p>Overall this experience was amazing for me and made me realize that I made the right choice to do my preceptorship in the PICU. The education (SON) has provided me has really helped me overcome tough situations such as the one I experienced in the PICU and I feel truly grateful and blessed to be a part of this great nursing school.</p>

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