

Midterm Reflection

For my preceptorship in module 8, I was assigned to work in the medical intensive care unit. At the start of the preceptorship, I was excited to learn about different pathological processes in the human body since this unit takes in a little bit of everything. I was nervous I was not going to understand a majority of what was going on with the sicker patients. I definitely doubted myself because after assessing the patients, reviewing their charts and talking with the other members of the healthcare team (physicians, respiratory, nurse practitioners etc.) it helped to paint the picture of the problems at hand. So far, I have been able to practice a new skill every day which has contributed to my confidence as a novice nurse. I am finding difficulty in communicating relevant and pertinent information of a patient's history and assessment. I can remember what interventions we have done for patients, but I still need to work on prioritizing what information is important versus what's not.

Since I have been working days back-to-back, I have been assigned the same patients a couple of times. This has allowed me to visualize their progression in the hospital. I have had some patients get better and some get worse. I think it is fascinating how some people can have great improvement in a 24 hour span while some can quickly decline. I appreciate the mornings when the healthcare team is doing rounds on all the patients because I can see how everyone works together and I understand that multiple people's perspective contributes to a patient's

recovery. By the end of my preceptorship, I would like to anticipate what medications, labs or other healthcare personnel will be ordered for a patient after rounds.