

**Description:** For my preceptorship the past four weeks I have been at Grace Surgical Hospital. I have been a student nurse playing the role of primary nurse. My preceptor for this experience has been Kathrina. I have been with some other nurses a few times when she was not available. I have been on day surgery most of the time, I have only been on med-surg one time or for a few hours at a time. I did have to do a few halves shifts due to my preceptor's schedule. The most patients I have taken is 4 (the maximum amount.)

**Feelings:** At the beginning I felt very nervous to do this experience, the feeling of being a nurse is an exciting but scary feeling at first. Having worked at Grace for 3 years prior as a CNA and knowing most of the nurses made it not as scary for me. All of the nurses have been super encouraging and helpful. When I actually started doing the nurse role, I realized it definitely was not as difficult as I made it out to be at first. So far it has been going wonderful at Grace and I am thankful to be here. The most important feeling I have been feeling is excitement because I actually am starting to understand things and realize I am about to be an actual nurse.

**Evaluation:** Everything about my preceptorship has been good so far. Nothing has been bad, the only thing I say I need to work on is my IV skills and being able to stick people first try and not being as nervous to do it. I expected to be on the med-surg floor a little bit more, hopefully we will be up there a little bit more this next half so I can learn how nursing works up there. If I have been on med-surg I have only been there a couple of hours which makes it difficult to learn their charting, etc. I feel as though the documentation and speaking to patients on day surgery has been the easiest part. The nurses have been great to me and I feel like they have been the reason I have had such a good experience so far.

**Analysis:** I can apply my previous CNA knowledge to this experience because I already knew how day surgery and med-surg worked at Grace and what all the nurses need before and after hand. All of my friends in their preceptorships have had very different experiences because I feel like Grace is an easier nursing role to step in to rather than ICU or ER. At first, I was wanting to do my preceptorship in the ER but now I am thankful to have done it at Grace due to the fact of it being an easier role and I feel as though I would have been more stressed out in the ER. Having learned about med-surg and joint replacements in school has made it easier to understand as well since that what it mostly is.

**Conclusion:** I feel as though I can make it better by doing more things by myself (with my nurse watching of course) like difficult IV sticks, IV pushed, and etc. I feel like I am getting more comfortable in doing those things myself but it takes time and confidence. I have learned different techniques to getting IV sticks, the different documentation for admissions, discharges, med-surg, and day surgery. I have learned a lot and have loved this experience so far.

**Action Plan:** Overall, I think this has been a wonderful experience so far. I can't wait to finish this second half of my preceptorship and see how much more I learn. This second half I know I will be more confident in my nursing role and be able to be more independent. This has taught me that I am a fast learner and how interesting nursing is. I have realized how stressed-out patients

can get in the hospital even if it is just an overnight stay, being calm and reassuring makes patients not as nervous which is something I can use in every field of nursing I go into. Several patients have told me and my nurse that because we were so kind that it did make them not as nervous and have a better experience which is great to hear. I can improve my practice in the future by not being so nervous as what is to come but having more excitement instead, and to always be understanding of patient's situations.