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IM8/Pedi

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### Midterm Reflection

My experience in the pediatric floor has been pretty good. These clinical rotations have been different compared to other modules since they are twelve-hour shifts. I enjoy spending half a day at clinical since I can be part of change of shift report. I was assigned a wonderful preceptor who I am allowed to perform any skill such as med administration, critical thinking, teamwork, documentation, etc. I will be sharing my experience when I took care of one patient under my preceptors' supervision.

My second day started off by getting report from the night shift nurse and I tried my best to write everything down and ask questions regarding the patients we were getting. I was responsible of taking care of one patient. I decided to take care of the patient who came in with a ruptured appendicitis and had recent surgery. My day started off by log in and making sure I had reviewed any labs and Dr. Orders to make sure we could continue with patient care. Then I decided to go ahead and do my assessment. During my assessment I tried to focus on the patient's abdomen since the patient had a Jackson-Pratt (JP) drain on the RLQ and I made sure the dressing was dry and intact, and I tried looking at the color of the drainage which was serosanguinous. I also focused on V/S, pain and physical findings. The challenging part from my assessment was documenting my assessment and making sure I did not miss anything in the computer.

My patient had several scheduled medications throughout the day, so I decided to write them down along with the time they were due to make sure we did not miss any. Medication administrations make me nervous because of how small the doses are for pediatric patients, but I had my preceptor double check everything with me. I was able to use the syringe pump for the first time and I thought it was very interesting. At first, I had a difficult time putting the syringe in the pump but as the day went on, I was able to do it without any problem. My patient was a 5-yr old which made it easier to give her the medication and we also played with her while doing it. The challenging part was communicating with the parents because they ask a lot of questions so I began to prep more regarding any upcoming procedures or just when the Drs. would make rounds. It is very important to follow the seven rights of med admin.

Finally, towards the end of my shift I was getting ready to give my SBAR report to the upcoming night shift nurse. I was nervous because it was my first time giving report at the end of clinical to a registered nurse. I made sure I had written down how we changed the continuous IV fluids from 50ml/hr to 25ml/hr. My patient had an ultrasound done but they did not have the results, so I made sure they knew about that procedure. I tried to update the patients Kardex to the best of my ability and based on any changes they had during the day. My preceptor made sure all the information was correct, and I gave report to the upcoming nurse. I think I did a great job with my first SBAR and I will continue to improve with my SBAR. The SBAR report are very important because they will allow the upcoming nurses to have better understanding of the patient. I was glad that Mrs. Pia graded my SBAR earlier that day because it made me feel more confident giving the end of shift report.

In conclusion, taking care of one patient helped me become more responsible. I still need to work on time management because I do consider myself being a little bit slow during med admin. This clinical rotation will help me improve with my time management, med administration and documentation. I will continue to learn and this clinical was very helpful for me. It was challenging in a good way.