

NAME: Daniella Solis

DATE: 01/30

**POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical?  Why?	I felt flustered just because I knew that in my scenario I was going to have to deliver a baby.
What did you already know and do well as you provided patient care?	I knew how to interpret the fetal heart monitor. How to do Leopolds & signs & symptoms of preclampsia
What areas do you need to develop/improve?	My confidence for sure still needs to be worked on.
What did you learn today?	I learned that even though I had a plan going in, to always expect the unexpected.
How will you apply what was learned to improve patient care?	Even though things may change, take a few seconds & regroup & adjust to what's happening now with confidence.
Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the <b>Student Learning Outcomes</b> .	<p>1. <u>Communication</u>: I witnessed how worried my family was with losing this baby so I reassured them as much as I could.</p> <p>2. <u>Clinical judgement</u>: after doing a vaginal exam &amp; shortly after seeing late decels. I did the IUR &amp; called the Dr. to update status on my pt.</p> <p>3. <u>Family centered care</u>: I encourage as much active participation by the dad as we could. Any little thing he could do we told him how to go about it</p>