

Patty Barcas

### Outpatient Surgery Reflection Questions

1. What types of patients (diagnoses/surgical procedures) did you see in the Outpatient Surgery?  
hardware removal, urology procedure, <sup>→ descending the testes</sup>  
tubal tied
2. The majority of the patients who came into the Outpatient Surgery were from which age group? Was this what you expected?  
pediatric pts - 8m+, 11yr, 34yr
3. How did growth and development come into play when caring for patients (both in preop and in postop rooms)?  
older kids got video gameset, ipads  
toddlers / infants got toys to play w/
4. What types of procedures did you observe or assist with?  
to drink plenty of water, anesthesia tx (gabapentin, loperamide)
5. What are some common post-op instructions given to the patient/caregivers?  
checking the incision / the bottom / test to check for neuro
6. Give examples of non-pharmacological comfort nursing interventions you saw preop and postop?  
letting the child feel the stethoscope, elevating the bed
7. What complications (red flags) from anesthesia did you watch for and how did you monitor?  
sometimes some need O<sub>2</sub> so monitor their O<sub>2</sub> while receiving
8. What is the process for obtaining a procedural consent for a pediatric patient?  
they ask the pt what have the child eaten or any meds they've taken
9. How does the NPO status change based on age or if infant takes breast milk vs formula?  
if formula they can't have to be not drink for 6hrs  
but if breast milk the fasting period is 4hrs
10. What role does the Child Life Specialist play in the Outpatient Surgery? If not observed, how could they be part of your interdisciplinary team?  
they try to help the child understand what's going on  
they do their best to make the child feel comfortable

they ask the parent what they think the child is in surgery for