

Covenant School of Nursing  
Disciplinary Action Summary Assignment  
Instructional Module 2

Student Name: Kendra Satterfield

Date: 1/30/2025

DAS Assignment # 2

Name of the defendant: Amith Varghese Alias

License number of the defendant: RN 933071

Date(s) and action(s) taken against the license: July 8, 2020

Type of action(s) taken against the license: Warning with stipulations

- *Use the space below to describe the events which led to the action(s) taken against the license. If multiple charges were in play, be sure and cite each of them, e.g. drug diversion, HIPAA violation, abandonment, etc.*

During a night shift on May 23, 2019, and into the morning of May 24, 2019, Amith failed to follow physician orders as well as hospital policy by failing to check his patient's blood glucose level at 0000 and 0600. Subsequently, Amith did not cover his patient with insulin per the sliding scale frequency ordered by the physician. The blood glucose level was later determined through the lab to be 361 resulting from a blood draw at 0500.

Amith, who was the patient's TPCN for the entire night, stated that he omitted the 0000 blood glucose test and the 0600 blood glucose test because when he entered the patient's room, the patient was asleep. Then he asked the oncoming nurse to check the 0600 blood glucose level and cover the patient with insulin.

The Texas Board of nursing Required Amith to complete the KSTAR program within one year of the issuance if the order.

- *Use the space below to provide a description of measures you think could have prevented any action being taken against the license and/or would have prevented harm to the patient, if harm occurred.*

I think Amith could have easily avoided the action taken against his license from the board by following the physician orders. If the patient refused to wake up or refused to have the blood glucose levels checked while they were sleeping, Amith should have documented attempts. Furthermore, Amith should have both checked the current blood glucose and administered insulin after the 0500 blood draw resulted.

- *Identify ALL universal competencies (4-5) that were violated and explain how.*

Amith violated multiple universal competencies including safety and security, communication, critical thinking, and professional role.

Safety and security was violated when Amith failed to check the blood glucose level as this does not promote trust and respect between him and the patient.

Communication was violated when Amith failed to notify other healthcare providers of the omissions and the reasoning for them.

Critical thinking was violated when Amith continued to fail to give the insulin after the 0500 blood draw had resulted. It was also violated when he prioritized the patient sleeping over checking the blood glucose as ordered.

Professional role was violated when Amith asked the oncoming nurse to check the blood glucose levels and cover the patient with insulin after the time it was ordered.

- *Use the space below to describe what actions you think a prudent nurse would take as the first to person to discover the event described. In other words, you are the one who discovers the patient has been harmed by the nurse or you have discovered the impairment or criminal activity cited in the disciplinary action.*

If I were the nurse coming on shift, I would have checked the patient's vitals and assured that the patient was stable, checked a POC blood glucose level on the patient and covered the glucose with insulin per sliding scale that was ordered by the physician. Then I would notify the charge nurse and the physician that ordered the blood glucose checks and the insulin of the omissions by using my SBAR. I would then carry out any following orders and continue to monitor the patient for stability.