IM5 Clinical Worksheet – Pediatric Floor

Student Name: Cynthia Cerda **Date:** 1-29-2025	**Patient Age:** 12yr F **Patient Weight:** 41 kg 151cm Ht. NKA – Full Code
1. Admitting Diagnosis and Pathophysiology (State the pathophysiology in own words) Acute Kidney Injury aka acute renal failure Sudden decrease in kidney function that can be life threatening, Kidneys can't filter waste products from the blood.	**2. Priority Focused Assessment You Will Perform Related to the Diagnosis:** ~~Cardiovascular~~ Respiratory – listen for wet sounds due to edema Skin Assessment for edema
3. Identify the most likely and worst possible complications. Kidney Failure	**4. What interventions can prevent the listed complications from developing?** Diet Albumin Methylprednisolone ↓ BP
5. What clinical data/assessments are needed to identify these complications early? Creatinine BUN GFR I & Os for wt. VS – HR, RR, O2 Sats Skin assessments Resp. Assessments	**6. What nursing interventions will the nurse implement if the anticipated complication develops?** Let charge nurse know ↑ in wt. ↓ in albumin Let physician know
7. Pain & Discomfort Management: List 2 Developmentally Appropriate Non-Pharmacologic Interventions Related to Pain & Discomfort for This Patient. 1. iPad games 2. Playing her violin	**8. Patient/Caregiver Teaching:** 1. Importance of diet to ↓ swelling. ↓ Na & ↓ Pot under 2 grams 2. Walking to help pull fluid off her body 3. Teaching about helping to keep her kidneys as healthy as possible. **Any Safety Issues Identified:**