

Mid-Term Reflection

Name: Hope Robnett

Instructional Module: IM 8

Date submitted: 1/31/25

<p>Step 1 Description</p> <p>On Jan. 19, 2025, I arrived at Covenant Medical Center (CMC) extra early, clocking in around 0723 hours, so that I was prepared for the day. I arrived on my home unit, Mercy 6 (ortho/trauma) where I was greeted by many of my coworkers that I have worked with for several years now. I was attending my first preceptor shift as a student nurse on the floor I was familiar with and knew very well. I waited for the nurse who was going to be my preceptor and as I waited, I was met with many smiles and congratulations on my accomplishment of making it to that point.</p>	<p>Step 4 Analysis</p> <p>Every day is a battle of its own. Some days it's just being able to wake up and make yourself go to work, other days you have had a day from hell, but then there are the days that help you rejuvenate that spark that motivated to be do this job in the first place. Being able to take what you have learned throughout school and applying to real-life and watching how it affects the patients that we take care of. Being a prudent nurse and watching even the smallest changes in our patient can be a moment between life or death. For example, I had a patient supposed to be discharged, then their urine had changed from clear yellow to bright red, urine analysis and x-ray came back, showed too many RBCs to count and a 30mm mass, potential cancer. Always being on our toes and not ignoring even the smallest changes in our patients.</p>
<p>Step 2 Feelings</p> <p>Stepping onto the floor for my first shift felt exhilarating; all the blood rushing through me as I started taking the first of my final steps toward my diploma. I was greeted with warm smiles and congratulations from coworkers as they saw me in my clinical attire for the first time. Many hugs were given that morning and I had a feeling of accomplishment; for many of my coworkers have watched and encouraged me throughout my journey to become a nurse. I already had some confidence because I knew a lot already on how things were run on the unit, and I wouldn't have to adjust much, it was just figuring out my new role as a nurse versus being an aid. I was very grateful for all the support and encouragement I had received up till that point and proud that I could live up to both my own and others' standards.</p>	<p>Step 5 Conclusion</p> <p>Each day is a new day, and I know I can't drag the previous day's events to the next. It's a matter of keeping that in mind otherwise, I know, I'm already setting myself up for another rough day. The days I dread the most are the ones where I have non-compliant patients and over-bearing family members. I don't mind a busy day but when I have patients or families that add on to an already hectic day, I must take a few minutes to myself otherwise I can't focus on the tasks at hand. I have learned from my other nurses that there are things you don't tolerate, like disrespect or inappropriateness, but if a patient is just grumpy or upset, I need to remember to take into consideration the situation they're in.</p>
<p>Step 3 Evaluation</p> <p>Getting to experience both roles, as a CNA and SN has really been eye-opening and allows me to take in different perspectives of a situation. What has been the toughest so far, is fully adjusting into that nurse role because I was so used to being just an aid who could do so little. From being able to just go tell a nurse about to a situation, to now being the individual who has to clinically think and problem and come up with solutions that are within my scope of practice. I appreciate my preceptor and the other nurses who have helped me so far because they teach and give me opportunities to learn for myself what should be done in situations and how to handle to chaos that may</p>	<p>Step 6 Action Plan</p> <p>So far, my precepting has been going great. My nurse has allowed me to perform the majority of the tasks for our patients we were assigned and allowed me to make decisions based off my nursing judgement. For me, the main thing was switching into the mindset of the nurse and not being a NT anymore; taking that higher role and being able to clinically think when a situation would arise. I hope as I continue doing these shifts I gain that confidence needed for a nurse's role and be a role model for my fellow coworkers who wish to also continue down the nursing path. I also hope that my nurse allows me to take more responsibility for the patients to prove that I am learning</p>

come with them. There were some days that patients tested my own patience and made the days seem longer; then there were the good days that made me remember why I chose this career.

and putting into the practice the clinical skills and knowledge that I have learned.