

Aspire (300 word minimum)

<p style="text-align: center;">Safety & Quality</p> <p>Describe anything you accomplished to maintain a safe, quality environment</p>	<p>The environment was very friendly and welcoming.</p>
<p style="text-align: center;">Clinical Judgment</p> <p>As you listened during group, how were you able to integrate classroom knowledge with what the patient/therapist were discussing:</p> <ul style="list-style-type: none"> • What can you apply to this situation from your previous knowledge? • Can you apply these learnings to other events? How can you use this to further improve your practice in the future? • What have you learned from clinical? 	<p>They mentioned how addiction is not very different from any other disorder such as diabetes or high blood pressure. Those disorders too were caused by bad decisions. Having an addiction should change the way a patient is treated or viewed. They mentioned how several health care workers have judged them in the past due to their drug use. They are people too and deserve to be treated equally.</p>
<p style="text-align: center;">Patient Centered Care</p> <p>Identify one client in the group, what concerns, recommendations/interventions would you suggest?</p>	<p>In the group session, everyone seemed on the right track. They were all aware of their issues and were at Aspire because they wanted help. They all agreed that group therapy is helpful and beneficial to their recover. Hearing a different mindset helps put things into perspective for them. I would recommend they continue the same path, as it seems to be helping.</p>
<p style="text-align: center;">Professionalism</p> <p>How did you maintain professionalism? You can review your clinical evaluation for ideas (What has this taught you about professional practice? About yourself?)</p>	<p>I arrived on time and in uniform to the facility. I spoke to one of the staff members who stated he was a recovering addict. He mentioned to me that he has enjoyed having students there so that we can see a different side of mental health care. He said that he had a few bad encounters when he was in recovery from nurses and providers. He stated that he hoped this experience for students would help us see a different view of patients trying to recover. It has definitely</p>

	<p>changed my perspective and how I will approach patients in these situations. Not only patients but even family or friends who may be going through a hard time. They might just need someone to talk to who will listen and not judge them. Having someone to talk to can make the biggest impact for a recovering addict.</p>
<p>Communication & Collaboration Describe how you utilized therapeutic communication/collaboration</p>	<p>During group therapy, I was actively listening to everyone talk about their situations and what landed them at Aspire. Everyone voiced their opinion and thoughts and how certain situations made them feel.</p>
<p>Feelings</p> <ul style="list-style-type: none"> • How were you feeling at the beginning? • What were you thinking at the time? • How did the event make you feel? • What did the words or actions of others make you think? • How did this make you feel? • How did you feel about the outcome? • What is the most important emotion or feeling you had? 	<p>I wasn't sure what to expect arriving at Aspire. I was eager to see how different the setting might be due to it being on a ranch. The place was amazing and did not look like your typical recovery center. Everyone seemed to get along and were comfortable with each other. It seemed like a big man cave for all the patients to hang out and relax. I do feel the environment has a big impact on the recovery process. The way the layout was set up, they can enjoy their time while also getting help for their addictions.</p>
<p>Evaluation What stood out the most about Aspire.</p>	<p>They way the patients were open and comfortable sharing their stories with us. They didn't mind answering questions and were open about their addictions.</p>