

NAME: Isaias Lopez

DATE: 1/23/25

POST-CLINICAL REFLECTION **OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I felt a lot of nerves to begin with because this was a completely different scenario compared to past CPE's or simulations
What did you already know and do well as you provided patient care?	I felt as though I knew what train of thought to have and did well still maintaining that train even with deviations to expectations.
What areas do you need to develop/improve?	I just need to be more knowledgeable in certain aspects of intrapartum care in order to give better reassurance and care.
What did you learn today?	I learned that I know a lot more than I thought. I also learned that confidence can play a major role in patient care as far as reassurance and keeping a calm composure even in more stressful situations.
How will you apply what was learned to improve patient care?	Continue to learn the information and reinforce it further during my clinical visits. Also using this information to be aware of situations that could arise and not feel so lost if I need to help my nurse.
Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes .	<ol style="list-style-type: none">1. Clinical judgement- I used clinical judgement when the mother began to give birth and the oxytocin was needed in order to encourage contractions, I did not DC it for the antibiotic and instead chose to withhold as that was more essential and it was already to late for abx.2.I utilized Communication by having my CN be of assistance but not be the one running the scenario. Not that it's about who is in charge but more of maintain a steady lead for the organization and to work almost as one. I also feel as though my therapeutic communication was good with both family and patient offering reassurance but not leading them astray by trying to answer questions I did not know the answer to.

	<p>3.I feel as though I made my care centered for the patient even though, at times, the family member was abrasive and attempting to make decisions for the patient. I advocated for them and made sure that while deviation from the birth plan was not necessary, their comfort and birthing experience was above all. Regardless of familial or other's perspective, her own was what mattered in her decision for pain meds.</p>
--	---