

NAME: _____

DATE: _____

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question

Nurse Reflection

What feelings did you experience in clinical?

When first going into my scenario, I felt nervous. I felt as if I was not prepared.

Why?

I feel like not only are you caring for mom but also baby. In terms you are watching everything as a whole.

What did you already know and do well as you provided patient care?

I already knew mom was having onset contractions. Plus she was GBS+ and SRM. I did well on education about GBS. oxytocin was ↑ - as Dr. said he wanted to ↑ it by Amulmin-made sure to keep pt. safe.

What areas do you need to develop/improve?

improve more about actually interpreting FHR + uterine activity on monitor. as well as knowing my medications more.

What did you learn today?

I learned a lot! I learned about not know also caring for the patient but it is important w/ mental health, always look at wrist bands. More knowledge on external monitoring.

How will you apply what was learned to improve patient care?

into real life scenarios, such as more knowledge on meds and when calling provider to stand your ground.

Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes.

1. Safety for the child & mom regarding dose of oxytocin + full risk bundle applied.
2. patient centered care regarding mom wanting pain meds but family member saying still go w/ the natural childbirth.
3. Communicated w/ mom of what GBS was and what can occur to baby and what will do after delivery.