OB Simulation Patient Preparation Worksheet
This section is to be completed prior to Sim Day 1:

Student Name:
Gabriela Maninlauna

Admit Date:

Patient initials: NJ   G 2 P__AB__L 1 M   EDD: __/__/__ Gest. Age:

Blood Type/Rh: O +   Rubella Status: immune   GBS status: positive

Obstetrical reason for admission:

⌐performed 35-36 weeks

Complication with this or previous pregnancies: N/A · vaginal delivery

Chronic health conditions: asthma · controlled

Allergies: penecillin

Priority Body System(s) to Assess: perineal, abdomen - GU

Pathophysiology
Interpreting clinical data collected, what is the primary/current medical/obstetrical problem?

State the pathophysiology of this problem in your *own* words.
Complete the medical/obstetrical problem & fetal implications section for any pregnant patient.
Complete the medical/obstetrical problem ONLY for any postpartum patient.
Complete the newborn implications ONLY for any newborn infant.

Medical/Obstetrical Problem	Pathophysiology of Medical/Obstetrical Problem
GBS (+)	bacteria that is spread through the blood
Fetal/Newborn Implications	Pathophysiology of Fetal/Newborn Implications
GBS(+)	bacteria spread through umbilical cord / placenta (can infection)

Problem Recognition
To prevent a complication based on the primary medical problem, answer each question in the table below.

Question	Most Likely Maternal Complication	Worst Possible Maternal Complication	Most Likely Fetal/ Newborn Complication	Worst Possible Fetal/ Neonatal Complication
Identify the most likely and worst possible complications.	UTI	going into pre-term labor	infections	sepsis / meningitis
What interventions can prevent them from developing?	antibiotics (penecillin)	c-section	antibiotics (penecillin)	c-section
What clinical data/assessments are needed to identify complications early?	temp, sore throat, tonsils, swollen lymph	strep.	✕	✕
What nursing interventions will the nurse implement if the anticipated complication develops?	antibiotics + delivery expect.		antibiotics for baby not to out → / infection	(( ))

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Surgery or Invasive Procedures – *LEAVE BLANK if this does not apply to your patient*

Describe the procedure in your *own* words.

Procedure

Surgery/Procedures Problem Recognition – *LEAVE BLANK if this does not apply*

To prevent a complication based on the procedure, answer each question in the table below.

Question	Most Likely Maternal Complication	Worst Possible Maternal Complication	Most Likely Fetal/ Newborn Complication	Worst Possible Fetal/ Neonatal Complication
Identify the most likely and worst possible complications.				
What interventions can prevent them from developing?				
What clinical data/assessments are needed to identify complications early?				
What nursing interventions will the nurse implement if the anticipated complication develops?				

(N/A)

Pharmacology

New drugs ordered during scenario must be added before student leaves the simulation center for the day.

Medications	Pharm. Class	Mechanism of Action in OWN WORDS	Common Side Effects	Assessments/Nursing Responsibilities
oxytocin	cyclic nonapeptide	Stimulates uterine for contractions	bleeding HR-cardia N,N	Obtain 20min strip fetal HR - continuing
terbutaline	beta agonists	heat breathing upper respiratory	tremor, nervous, diff breathing	monitor VIS - BP/HR
meperidine	phenylper	pain med reduce in CNS	light head, allergic, constipation	VIS - monitor
promum	tricyclic	calms CNS to prevent N/V	drowsy, dizziness, ringing, vision	HR, EKG, assess BP
penicillin	B lactam antibiotic	"antibiotic kills bacteria in blood"	N/V/D, bloating, disrupt	"assess WBC, monitor allergic reactions, monitor C&S"
cefazolin, cephalosporin			rashes, dizziness yeast infections	
clindamycin aminoglycoside				

Notes:

Nursing Management of Care

1. After interpreting clinical data collected, identify the nursing priority goal for your shift and **three priority interventions specific for your patient's possible complications (listed on page one).**

   For each intervention write the rationale and expected outcome.

Nursing Priority	admin antibiotic/communication
Goal/Outcome	mom know ↑ risk for infection for baby

Priority Assessment/Intervention(s)	Rationale	Expected Outcome
1. admin antibiotic	1. monito infection	1. keep fetal from infection

2. education upon delivery	2. begins vaginal but (GBS+)	2. C-Section
3. post c-section delivery	3. what will occur	3. monitor post op C-section

Abnormal Relevant Lab Test	Current	Clinical Significance
Complete Blood Count (CBC) Labs		
WBC	12.5 H	Infection
Metabolic Panel Labs		
Are there any Labs results that are concerning to the Nurse?		

		Current Priority Focused Nursing Assessment					
CV	**Resp**	**Neuro**	**GI**	**GU**	**Skin**	**VS**	**Other**
						98.6 84 130/86 98-RA	pain- 4/10 VE- 3.4cm/ 100%

FHR-140

☐

This Section is to be completed in the Sim center- do not complete before!

Time: Focused OB Assessment

VS Contractions Vaginal exam Fetal Assessment Labor Stage/phase Pain Plan   Emotional Other

Freq.	Dil.	FHR
Dur.	Eff.	Var.
Str.	Sta.	Accel.
	Prest.	Decel.
	BOW	TX.

Time: Focused Postpartum Assessment

VS	CV	Resp	Neuro	GI	GU/Fundal	Skin	Other
					Bladder		
					Fundal loc		
					Tone		
					Lochia		

Time: Focused Newborn Assessment

VS	CV	Resp	Neuro	GI	GU	Skin	Other

EVALUATION of OUTCOMES - Complete this section AFTER scenario.