Mnemonics for Theorists

1. Erik Erikson

   Trust All Girls In Red – this can help you remember (T) Trust vs. Mistrust, (A) Autonomy vs. Shame and Doubt; (G) Initiative vs. Guilt, (I) Industry vs. Inferiority and (R) Identity vs. Role Confusion

2. Piaget

   Some Pigs Can Fly – this can help you remember (S) Sensorimotor, (P) Preoperational, (C) Concrete and (F) Formal

3. Freud

   Old Aged People Love Grandchildren – this can help you remember (O) Oral, (A) Anal, (P) Phallic, (L) Latency and (G) Genital