

**IM 6 Maternal Newborn & PMH Assignments**  
**HESI assignments are due @ 2359 Sunday the following week of lecture topics.**

**Grading:** Activity list below includes graded and non-graded activities.

- All activities are to be completed and are designed to assist the student in the mastery of material.
- HESI clinical skills and case studies are **HIGHLY RECOMMENDED** to be completed **prior** to their corresponding lecture.
- HESI OB and PMH adaptive open book quizzes 1-4 will account for 5% of your total grade.
- **Progression to the next module requires completion of all assigned work.**

Weekly Topics and Required Reading	Highly Recommended HESI Clinical Skills	Highly Recommended HESI Case Studies	# Exam Questions
<b>WEEK 1</b>			
<p><b>Antepartum Nursing and Antepartum Testing / Soliz -</b>  <b>Required Reading:</b></p> <ul style="list-style-type: none"> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Ch. 6 Maternity Nursing: Antepartum Nursing Care &amp; Testing: pgs. 201-211</li> </ul> <p><b>Recommended Reading</b></p> <ul style="list-style-type: none"> <li>• Murray, S., McKinney, E., Holub, K., &amp; Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.): Ch. 6 Adaptations to Pregnancy: pgs. 95-119 Ch. 7 Antepartum Assessment, Care and Education: pgs. 122-135, Ch. 9: Prenatal Diagnostic Testing: pgs. 184-201 Ch. 11 The Childbearing Family with Special Needs pgs. 269-276</li> <li>• Tables: "Signs of Possible Pregnancy Complications" pg. 138, "When to go to Hospital or Birth Center" Rh Incompatibility Pgs. 235-236 pg. 387, 15.1 Leopold's Maneuvers pg. 396, 8.1 Recommended Wt. Gain pg. 147; 8. 2 &amp; 8.3 Nutrition for Childbearing pg. 149</li> </ul>	<p><b>Antepartum Maternal Newborn Collection</b></p> <ul style="list-style-type: none"> <li>• Admission Assessment: Obstetric Patient</li> <li>• Biophysical Profile</li> <li>• Leopold's Maneuvers</li> </ul> <p><b>Intrapartum Nursing Maternal Newborn Collection</b></p> <ul style="list-style-type: none"> <li>• Laboring Patients: Nursing Care</li> <li>• Rho (D) Immune Globulin</li> </ul>		16-18
<p><b>Electronic Fetal monitoring / Nuttall -</b>  <b>Required Reading</b></p> <ul style="list-style-type: none"> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Ch. 6 Maternity Nursing: Electronic Fetal Monitoring pgs. 211-216</li> </ul> <p><b>Recommended Reading</b></p> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8<sup>th</sup> ed.): Ch. 14 Intrapartum Fetal Surveillance pgs. 350-383</li> </ul>	<p><b>Electronic Fetal Monitoring Maternal Newborn Collection</b></p> <ul style="list-style-type: none"> <li>• Fetal Heart Rate: Interpretation</li> </ul>		9-11
<p><b>Intrapartum Nursing / Nuttall -</b>  <b>Required Reading</b></p> <ul style="list-style-type: none"> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: Ch. 6 Intrapartum Nursing Care, Initial Exam, Stages of Labor, Labor with Analgesia or Anesthesia, Regional Block Anesthesia pgs. 216-227</li> </ul> <p><b>Recommended Reading</b></p> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8<sup>th</sup> ed.): Ch. 12 Processes of Birth; Ch. 13 Pain Management During Childbirth; Ch. 15 Nursing Care During Labor and Birth</li> </ul>	<p><b>Intrapartum Maternal Newborn Collection</b></p> <ul style="list-style-type: none"> <li>• Artificial Rupture of Membranes</li> <li>• Epidural Catheter Insertion</li> <li>• Oxytocin</li> <li>• Vaginal Delivery</li> </ul>		22-24

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<b>Postpartum Nursing / Soliz -</b> <b>Required Reading:</b> <ul style="list-style-type: none"> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: Ch. 6 Postpartum Nursing Care: pgs. 227-231</li> </ul> <b>Recommended Reading</b> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8<sup>th</sup> ed.): Ch. 10 Rh Incompatibility Postpartum Mgmt. pgs. 234-235, Ch. 11 Adoption pg. 289 and Postpartum Depression pgs. 290-293, Ch. 17 Postpartum Adaptation and Nursing Care pgs. 469-501, Ch. 18 Postpartum Maternal Complications pgs. 505-523, Ch 23. Infant Feeding pgs. 643-666</li> </ul>	<b>Postpartum Maternal Newborn Collection</b> <ul style="list-style-type: none"> <li>• Assessment: Postpartum Patients</li> <li>• Breastfeeding Education</li> <li>• Cesarean Delivery: Recovery Care</li> </ul>	<ul style="list-style-type: none"> <li>• Postpartum</li> </ul>	<p style="text-align: center;">14-16</p>
<b>OB HESI Adaptive open book Quiz # 1 Due 01/22/25 @ 2359</b>	<b>EXAM 1 - 01/23/25 - 0800-1100</b>		
<b>WEEK 2</b>			
<b>Current Theories &amp; Practice / Maya - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 2; Ch. 3; Ch. 5</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing</li> </ul>	<b>Current Theories Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Elopement</li> </ul>		<p style="text-align: center;">9-11</p>
<b>PMH Legal/Ethical Issues / Maya - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch 6</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing</li> </ul>	<b>Abuse &amp; Neglect Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Abuse &amp; Neglect of Older Adults</li> </ul>		<p style="text-align: center;">5-7</p>
<b>Psychopharmacology / Harrison - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 4</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing</li> </ul>	<b>Psychopharmacology Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Psychiatric Medications; Recognizing Adverse Effects</li> </ul>		<p style="text-align: center;">16-18</p>
<b>Therapeutic Communication / Harrison - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 7, Ch. 8, Ch. 9</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Therapeutic Communication</li> </ul>	<b>Nurse Patient Relationship Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Therapeutic Communication Using Trauma-Informed Care</li> </ul>		<p style="text-align: center;">7-9</p>
<b>WEEK 3</b>			
<b>Substance Use Disorder / Harrison - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 19: Substance-Related and Addictive Disorders HESI Comprehensive Review for the NCLEX-RN Examination: Psych Nursing</li> </ul>	<b>Substance Use Disorder Mental Health Collection</b> <ul style="list-style-type: none"> <li>Addiction, Chemical Dependency &amp; Withdrawal</li> </ul>	<b>Substance Disorder Mental Health Collection</b> <ul style="list-style-type: none"> <li>Alcoholism</li> </ul>	<p style="text-align: center;">11-13</p>

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<b>Mood Disorders / Maya - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 15; Ch. 16: Ch. 23.</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing</li> </ul>	<b>Mood Disorders Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Bipolar Disorder</li> <li>• Depression</li> <li>• Electroconvulsive Therapy</li> </ul>	<b>Mood Disorders Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Depression</li> </ul>	11-13
<b>PMH - HESI Adaptive open book Quiz # 2 - Due 02/02/25 @ 2359</b>	<b>EXAM 2 - 02/03/25 - 0800-1100</b>		
<b>WEEK 4</b>			
<b>Pregnancy at Risk / Nuttall - Required Reading</b> <ul style="list-style-type: none"> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Ch. 6 Maternity Nursing: High-Risk Disorders pgs. 240-253.</li> </ul> <b>Recommended Reading</b> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.): Ch. 10 Complications of Pregnancy; Ch. 16 Intrapartum Complications; Ch. 19 Critical Care Obstetrics</li> </ul>	<b>Pregnancy at Risk Maternal Newborn Collection</b> <ul style="list-style-type: none"> <li>• Deep Tendon Reflexes</li> <li>• Precipitous Delivery</li> <li>• Prolapsed Cord</li> <li>• Shoulder Dystocia</li> </ul>	<b>Pregnancy at Risk</b> <ul style="list-style-type: none"> <li>• Ectopic Pregnancy</li> <li>• Gestational Diabetes</li> <li>• Preeclampsia</li> </ul>	23-25
<b>WEEK 5</b>			
<b>Twins, Infertility &amp; Contraception / Soliz - Required Reading</b> <ul style="list-style-type: none"> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Ch. 6 Maternity Nursing Table 6.10 Methods of Contraception Pg. 232</li> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.) Ch. 27 Infertility pgs. 757-774</li> </ul> <b>Recommended Reading</b> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.) Ch.3 Reproductive Anatomy and Physiology pgs. 42-53, Ch. 5 Conception and Pre-embryonic Period pgs. 75-78; Ch. 26 Family Planning pgs. 732-754</li> </ul>			14-16
<b>Reproduction &amp; Preventative Women's Health / Nuttall - Required Reading</b> <ul style="list-style-type: none"> <li>• HESI Comprehensive Review for NCLEX-RN Examination: Ch. 6 Maternity Nursing pgs. 201-203</li> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.): Ch. 28 Women's Health-Preventative Care pgs. 776-783, Menopause pgs. 795-798</li> </ul>			8-10

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<p><b>Women's Health Diagnostics and Disorders / Soliz -</b>  <b>Required Reading</b></p> <ul style="list-style-type: none"> <li>HESI Comprehensive Review for NCLEX-RN Examination: HIV pg. 50, Medical Surgical Nursing - UTI pg. 79, Reproductive System (Women) -Uterine prolapse, Cystocele and Rectocele pgs. 143-144, Cervical and Ovarian Cancer pgs. 144-145, &amp; STD's pgs. 147-149</li> </ul> <p><b>Recommended Reading</b></p> <ul style="list-style-type: none"> <li>Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.): Ch. 2 Intimate Partner Violence, Table 2.2 Myths and Realities of Violence against Women, and Human Trafficking pgs. 24-30, Ch. 28 Women's Health Benign Breast Disorders pgs. 785-786, Menstrual Disorders pgs. 790-794, Pelvic Floor Disorders pgs. 798-800, Benign and Malignant Disorders of the Reproduction Tract pgs. 800-802. Infectious Reproductive Disorders pgs. 803-807</li> </ul>	<p><b>Women's Health Maternal Newborn Collection</b></p> <ul style="list-style-type: none"> <li>Dilatation &amp; Curettage</li> </ul> <p><b>Emergency Collection</b></p> <ul style="list-style-type: none"> <li>Sexual Assault Exam</li> </ul>	<ul style="list-style-type: none"> <li>HESI Maternal-Newborn Practice Exam</li> <li>HESI Maternal Newborn Quiz</li> </ul>	<p style="text-align: center;">16-18</p>
<b>WEEK 6</b>			
<b>OB HESI Adaptive open book Quiz # 3 - Due 02/16/25 @ 2359</b>		<b>EXAM 3 - 02/17/25 - 0800-1100</b>	
<b>WEEK 7</b>			
<p><b>Psychiatric Emergencies / Maya - Required Reading:</b></p> <ul style="list-style-type: none"> <li>Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 20; Ch. 21; Ch. 24; Ch. 25.</li> <li>HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing</li> </ul>	<p><b>Psychiatric Emergencies Mental Health Collection</b></p> <ul style="list-style-type: none"> <li>Agitation &amp; Disruptive Behavior</li> </ul>	<p><b>Psychiatric Emergencies Mental Health Collection</b></p> <ul style="list-style-type: none"> <li>Psychosis</li> </ul>	<p style="text-align: center;">11-13</p>
<p><b>Schizophrenia / Maya - Required Reading:</b></p> <ul style="list-style-type: none"> <li>Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 17.</li> <li>HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing</li> </ul>	<p><b>Schizophrenia Mental Health Collection</b></p> <ul style="list-style-type: none"> <li>Schizophrenia &amp; Psychosis</li> </ul>	<p><b>Schizophrenia Mental Health Collection</b></p> <ul style="list-style-type: none"> <li>Schizophrenia</li> </ul>	<p style="text-align: center;">18-20</p>
<p><b>Somatic Symptoms Disorders / Harrison - Required Reading:</b></p> <ul style="list-style-type: none"> <li>Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 12</li> <li>HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing</li> </ul>			<p style="text-align: center;">5-7</p>
<p><b>Anxiety &amp; Stress Disorders / Harrison - Required Reading:</b></p> <ul style="list-style-type: none"> <li>Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 10, Ch. 11</li> <li>HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing</li> </ul>	<p><b>Anxiety Mental Health Collection</b></p> <ul style="list-style-type: none"> <li>Anxiety</li> </ul>		<p style="text-align: center;">13-15</p>
<p><b>Personality Disorders / Harrison - Required Reading:</b></p> <ul style="list-style-type: none"> <li>Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch.13</li> <li>HESI Comprehensive Review for NCLEX-RN Examination: Psychiatric Nursing</li> </ul>	<p><b>Personality Disorders Mental Health Collection</b></p> <ul style="list-style-type: none"> <li>Borderline Personality Disorder</li> </ul>	<ul style="list-style-type: none"> <li>HESI Mental Health Practice Exam</li> <li>HESI Mental Health Quiz</li> </ul>	<p style="text-align: center;">13-15</p>
<b>PMH HESI Adaptive open book Quiz # 4 - Due 03/02/25 @ 2359</b>		<b>EXAM 4 - 03/03/25 - 1100-1400</b>	

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**Additional Assignments**

- PMH crossword puzzle due Monday **01/23/25 @ 2359**.
- AA Meeting Reflective Journal submitted to Dropbox due for **Group 1** on **02/06/25 @ 2359** and **Group 2** on **02/27/25 @ 2359**.
- HESI Adaptive open book Quizzes 1-4 are due on the **Wednesday** or **Sunday night prior to the corresponding unit exam at 2359**
- Obstetrics/Maternity Practice Exam & Quiz are recommended to help prepare for HESI. **(Located in HESI Case Studies Folder)**
- PMH HESI Practice Exam & Quiz are recommended to help prepare for HESI **(Located in HESI Case Studies Folder)**
- All Clinical paperwork is due the **Thursday** after the clinical activity **@ 2359**.
- All PMH & OB Module paperwork including the signed community verification form for any community clinical site must be received by Thursday, **02/06/25 and 02/27/25 @ 1600** to be allowed to **switch clinical rotations and to progress to IM7**.
- Upload your OB Community Verification form and the PMH Community Verification Form into the correct designated DROPBOX locations.