

## ACEs / Poverty Online Activities

*"For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me." Matthew 25:35-36*

### Student Learning Outcomes:

- Discuss ACEs and their potential effect on behavior, physical and mental health
  - Differentiate between ACEs and HOPE.
  - Examine specialty populations in the community including Poverty.
  - Discuss various types of resources related to Poverty.
- 
- TED Talk — Nadine Burke Harris: How Childhood Trauma Affects Health Across A Lifetime (16 minutes) - **Required**.

[https://www.ted.com/talks/nadine\\_burke\\_harris\\_how\\_childhood\\_trauma\\_affects\\_health\\_across\\_a\\_lifetime?language=en](https://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime?language=en)

- Adverse Childhood Experiences (ACEs): Impact on brain, body and behaviour: (6 minutes) - **Recommended**.

<https://www.youtube.com/watch?v=W-8jTTIsJ7Q>

- "Hard Times Generation: Families living in cars": (15 minutes) - **Recommended**.

<https://www.youtube.com/watch?v=L2hzRPLVSm4&feature=youtu.be>

**\*NOTE:** You may be tested over concepts that are covered in the required assignments. Recommended assignments should enhance your knowledge about these topics.

### Additional Resource: - **Optional**.

- PBS Frontline movie entitled "Poor Kids" (2017 in top left corner):

<http://www.pbs.org/wgbh/frontline/film/poor-kids/>