

Checklist for Central Line Dressing Change

| Steps | Yes/ No | Comments |
|--|------------|----------|
| Gather supplies – kit and extra gloves if needed | | |
| Hand hygiene | | |
| ID patient using 2 identifiers | | |
| Explain procedure to patient | | |
| Check package integrity and Exp. date | | |
| Open first steps of kit on clean surface & remove gloves/mask/etc. | | |
| Put mask on self | | |
| Place mask on patient & turn patient head away from CVL site | | |
| Hand hygiene | | |
| After applying gloves, assess site for tenderness, S/S of infection; remove old dressing by pulling towards insertion site | | |
| Visually assess site for S/S of infection | | |
| Remove & discard soiled gloves | | |
| Perform hand hygiene | | |
| Open sterile kit – touching only border edges, no reaching over sterile field | | |
| Hand hygiene | | |
| Don sterile gloves | | |
| Cleanse skin with antiseptic solution using back-and-forth movement for 30 seconds – allow to dry | | |
| Apply skin protectant /not on insertion site and allow to dry | | |
| Apply antimicrobial dressing | | |
| Apply pre-cut securement tape | | |
| Label dressing with date and initials | | |
| Remove gloves, mask, patient mask, & perform hand hygiene | | |
| Verbalize need for documentation post procedure | | |
| Safety: Did not touch unsterile to sterile, did not reach over sterile field, did not turn back to sterile field | | |

