Aspire, AA and Oceans Reflection (300 word minimum)

Safety & Quality Describe anything you accomplished to maintain a safe, quality environment	
Clinical Judgment As you listened during group, how were you able to integrate classroom knowledge with what the patient/therapist were discussing: • What can you apply to this situation from your previous knowledge? • Can you apply these learnings to other events? How can you use this to further improve your practice in the future? • What have you learned from clinical?	I had The Fire sky Ranch Wednesday from five in the evening until nine in the evening. At first, I was a little apprehensive due to the fact the rotation was so late, and what could be seen at that time? I was pleasantly surprised once I arrived how nice and efficient the facility was running! We started by talking to the owner and his wife and then went and listened in on group. I was able to integrate being nonjudgmental and listening thoroughly. Group was sop surprising because most of the men were successful and married men. I would continue to take away the nonjudgmental aspect of nursing and treating all patients with respect, and dignity. This clinical taught me how to be open and honest, and never deprive patients of their rights and respect because alcoholism is just like diabetes, they're both ill persons seeking to get better.
Patient Centered Care Identify one client in the group, what concerns, recommendations/interventions would you suggest?	There was an older gentleman in the group who had been sober the shortest amount of time, but also participated the least. I would recommend that he talked more and took full advantage of the group. I would check on him and evaluate how his sobriety was going and follow up and make sure he was working all portions of his program.
Professionalism How did you maintain professionalism? You can review your clinical evaluation	I maintained professionalism by making sure I was on time, in uniform, and participated in group. I made sure

for ideas (What has this taught you about professional practice? About yourself?	I used effective communication and therapeutic communication as well.
Communication & Collaboration Describe how you utilized therapeutic communication/collaboration	
Feelings • How were you feeling at the beginning? • What were you thinking at the time? • How did the event make you feel? • What did the words or actions of others make you think? • How did this make you feel? • How did you feel about the outcome? • What is the most important emotion or feeling you had?	I had The Fire sky Ranch Wednesday from five in the evening until nine in the evening. At first, I was a little apprehensive due to the fact the rotation was so late, and what could be seen at that time? I was pleasantly surprised once I arrived how nice and efficient the facility was running! They used a lot of profanity during group, which at first made me uncomfortable because of where I'm at in my faith, but I quickly learned it was about being relatable to the patients and where they were in life. Most things in Nursing aren't about you and it's important to make sure your patients are comfortable. The most important felling I had was hope and gratification that they were willing to share with us.
Evaluation What stood out the most about Aspire, AA, or Oceans	What stood out the most about Aspire was even though it was a very nice facility, it was very affordable and the owner wrote off a lot of expenses so most people could still afford it.