

Use this template to complete the Reflective Practice documentation. Do not exceed the space in each box. Any information not visible to you is lost.

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| <p>Step 1 Description</p> <p>I was at Covenant children's hospital for CPE at 0800 in the morning. I as the nurse received a report on my patient and began looking over their chart. Mrs.Webster was playing the role of my patient and Mrs.Leavell was observing. The end was result ended with me keeping my patient safe and passing CPE.</p> | <p>Step 4 Analysis</p> <p>I can apply critical thinking to this that I have learned in the past such as reviewing platelet counts and blood pressures before administering certain medications. Certain bodies of knowledge that is present is to ensure patient safety with key steps such as bed rails call light in reach. This was to ensure that I was safe in keeping my patients safe using critical thinking. I believe others experiences were also the same. The words that Mrs.Webster shared with me after CPE felt very rewarding when her and Mrs.Leavell shared that I did a good job at keeping my patient safe.</p> |
| <p>Step 2 Feelings</p> <p>From the beginning to the end I was very nervous as CPE always makes me. All I could think of was to not mess up and make sure I pass making sure my patient stayed safe. The instructors words prior did help settle my nerves which helped a lot. The most important feeling was nervousness because you should be nervous when dealing with the life of another human being.</p> | <p>Step 5 Conclusion</p> <p>I would make this situation better by not being as nervous. We practice on live patients weekly and I need to just take a breath. I believe the only way I could make this better is by working on my nerves and it cant be influenced by an outside person. I have learned to always assess your patients surroundings and always review labs prior to meds.</p> |
| <p>Step 3 Evaluation</p> <p>The good parts were that I was able to keep my patient safe and pass. The bad of the situation is always the unknown aspect of what you are walking into. The easy part was being able to keep my time management under control and have time to spare. Everything went to plan and came out how I thought it would.</p> | <p>Step 6 Action Plan</p> <p>I think overall everything turned out good. CPE is always hard in the fact they are kind of awkward and nerve racking. I would not change anything that I did as it came out with a good outcome. I can however take what I learn from them and apply them in real life ensuring patient safety. This experience taught me that no matter how confident I am I can always get and stay nervous.</p> |