

Aspire, AA and Oceans Reflection (300 word minimum)

<p style="text-align: center;">Safety & Quality</p> <p>Describe anything you accomplished to maintain a safe, quality environment</p>	<p>When I arrived to Aspire I wore my covenant school issued badge properly. I parked and reported to the front office where I was instructed. I maintained professional courtesy, and confidentiality by not talking about the clients stories or the clients in general when leaving the facility. While at the facility I made sure to make the clients feel comfortable and safe to approach me and speak to me.</p>
<p style="text-align: center;">Clinical Judgment</p> <p>As you listened during group, how were you able to integrate classroom knowledge with what the patient/therapist were discussing:</p> <ul style="list-style-type: none"> • What can you apply to this situation from your previous knowledge? • Can you apply these learnings to other events? How can you use this to further improve your practice in the future? • What have you learned from clinical? 	<p>Well as I listened during group I noticed the speaker used a lot of therapeutic communication. I know now in this line of teaching knowing what to say and how you say it is very important when dealing with clients in this manner. I have learned from clinical that therapeutic communication is not an easy form of practice.</p>
<p style="text-align: center;">Patient Centered Care</p> <p>Identify one client in the group, what concerns, recommendations/interventions would you suggest?</p>	<p>One client in particular was new to the program you could tell he wasn't taking the program very serious. Actually several of the other clients were constantly redirecting his ways of thinking, and how he was speaking to my fellow female students. I think that he needs to take this opportunity more serious and take advantage of the opportunity that is being presented to him. When he speaks inappropriately I feel that he should be called out for it as soon as it happens. It shows accountability on his part and lets him know that that kind of behavior is not accepted. I believe that his housemates were doing a good job at holding him accountable for his actions.</p>
<p style="text-align: center;">Professionalism</p> <p>How did you maintain professionalism? You can review your clinical evaluation for ideas (What has this taught you about professional practice? About yourself?)</p>	<p>When the clients spoke to me I addressed them professionally and talked to them with respect. I spoke to them about how being in rehab was hard, but how being an ex parole officer that the other alternative could lead to another path that they definitely did not want to take. I made sure to tell them that I was proud that they were taking this route than the obvious other route that the behavior was leading to.</p>
<p style="text-align: center;">Communication & Collaboration</p> <p>Describe how you utilized therapeutic</p>	<p>Well in the short time that we were there I would have to say playing basketball with one of the clients there he asked if I wanted to play. He</p>

communication/collaboration	was a hyper active younger client so I believe that going to play was therapeutic for him in working off some energy.
<p style="text-align: center;">Feelings</p> <ul style="list-style-type: none"> • How were you feeling at the beginning? • What were you thinking at the time? • How did the event make you feel? • What did the words or actions of others make you think? • How did this make you feel? • How did you feel about the outcome? • What is the most important emotion or feeling you had? 	I was impressed with the facility it had a lot to offer the clients. The group session was interesting and the clients that attended were engaged the whole time. My strongest emotion was when they were talking about their addiction that brought them to the facility I have a step-son that fights this addiction every day and it hit a little close to home. So I guess when hearing these stories I just feel grateful that my step son has overcome this disease so far.
<p style="text-align: center;">Evaluation</p> <p>What stood out the most about Aspire, AA, or Oceans</p>	What stands out the most to me about Aspire is that all the clients ranged from 19- 60 yrs of age and were able to live together and teach each other different things. I'm thankful for facilities like this because it gives people a chance at coping with their addiction and learn how to manage it.