

Pediatric ED Reflection Questions

1. What types of patients (diagnoses) did you see in the PED?
 - a. Emesis, fever, abdomen pain, cough, respiratory distress and sore throat
2. The majority of the patients who came into the PED were from which age group? Was this what you expected?
 - a. 9-, 10-, and 11-year-olds
3. Was your overall experience different than what you expected? Please give examples.
 - a. Yes I expected what I thought would be more “emergent” situations like broken bones, allergic reactions, and respiratory distress instead of illness symptoms like fever, emesis, and coughs.
4. How did growth and development come into play when caring for patients (both in triage and in treatment rooms)?
 - a. I needed to explain to a 9 year old that I needed to count her respirations without her paying attention so that she didn’t change her breathing her pattern so I had her watch TV while counted.
5. What types of procedures did you observe or assist with?
 - a. Focus assessment on abdomen pain
 - b. Administered Tylenol for abd. Pain
 - c. Triage check in/ initial admin assessment
6. What community acquired diseases are trending currently?
 - a. RSV and Mycoplasma Pneumonia
7. What community mental health trends are being seen in the pediatric population?
 - a. Over dosing on over the counter medications

8. How does the staff debrief after a traumatic event? Why is debriefing important?
 - a. Debriefing takes place on a different day; Counselors are provided by the hospital and allow 12-24 sessions a year.
9. What is the process for triaging patients in the PED?
 - a. Depends on how they come and what level they are 1-5. Level 5 does not need resources, Level 4 needs 1 resource, Level 3 needs 2 or more resources, Level 2 is a high risk situation where patient could be confused or disoriented, Level 1 is alive but unconscious possibly not breathing and needs CPR.
10. What role does the Child Life Specialist play in the PED?
 - a. Procedure prep and coping for all ages such as IV insertion and surgery.
 - b. Help with family centered care and pain management