

NAME: Audrie Gomez DATE: 12/4/24

POST-CLINICAL REFLECTION **OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I was nervous but I was excited to see how I could apply everything that I've learned to mom and baby. I feel very confident in what I've learned so far and have really taken interest because I really like mom and baby.
What did you already know and do well as you provided patient care?	I understood the importance of mom being able to do what she has in her birth plan but that sometimes it doesn't always go according to plan so to educate. Mom wanted a natural birth but we explained that to ease the pain and to allow her to still feel everything she could use some pain meds to make it a little easier for her. She was in pain and I encouraged other methods since she didn't want medications at first and asked dad to step in and apply counter pressure.
What areas do you need to develop/improve?	Communication- providing a better SBAR and having more confidence in myself when I need to advocate for a patient. It's a little intimidating to speak to others and then questioning myself when they question me.
What did you learn today?	That I did the right thing knowing that oxytocin can only be increased 1-2 ml an hour and doctor was requesting more but I didn't increase it and so it was a good thing that I did what I was taught.
How will you apply what was learned to improve patient care?	Practice SBARs and gathering all of the needed information the Dr will need prior to calling. Also, to practice repeating them out loud so that it will be relayed better to others for better patient care.
Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes .	<ol style="list-style-type: none">1. Clinical judgement- I had to apply my critical thinking skills to ensure patient safety regarding the Oxytocin medication. It was being requested to increase it and I stopped at the max of 1-2 ml per hour.2. Professionalism- mom was in pain and had questions about pain meds which indicated she was contemplating them. Dad was adamant that none was needed. We educated mom and dad and then asked dad to assist in her care by applying counter pressure to ease pain and we would reevaluate if pain meds were still needed.

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