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**POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
<p>What feelings did you experience in clinical?</p> <p>Why?</p>	<p>During Sim clinical, I felt a little nervous going in because I did not know what to expect. I knew something was probably going to go wrong, but I was expecting the worst. As my scenario went on, I realized I felt more confident in my knowledge and skills than I thought. By the end of the clinical experience, I felt more confident and that I learned a lot from each of the scenarios.</p>
<p>What did you already know and do well as you provided patient care?</p>	<p>I think I taught the patient and family well on the procedure and the medications I would be administering. My charge nurse and I had good teamwork and were professional in our care. I communicated well with the patient and family member and used therapeutic language. I knew how the procedure was performed and what to watch as far as complications.</p>
<p>What areas do you need to develop/improve?</p>	<p>I could develop/improve on making sure I have gotten all the information I need (such as cervical exam) before calling the physician. Also, I need to improve on my SBAR and possibly inquire more about the baby's care and future plans.</p>
<p>What did you learn today?</p>	<p>I learned that the external version can be painful and is not guaranteed to work or the baby to stay put. I learned how important a good SBAR is and how necessary therapeutic and patient communication is to the possible difficult patient or family member.</p>
<p>How will you apply what was learned to improve patient care?</p>	<p>I will work on and improve my SBAR so that when I get into the field I can relay patient information in the best way possible. Additionally, I will always remember to act with patience and in a therapeutic manner, as I do not know what patients and their families are going through. Being an advocate and a good communicator with the patient and family will establish rapport and allow the highest quality of care to be given.</p>
<p>Please <b>reflect</b> on how your OB simulation learning experience assisted in meeting 2-3 of the <b>Student Learning Outcomes</b>.</p>	<ol style="list-style-type: none"> <li>1. Professionalism – I displayed professional communication with both the patient and family member and treated them each with respect. I answered any questions to the best of my ability and worked well with my charge nurse. I taught on the procedure and medication in a professional manner and made sure the patient understood each of those.</li> <li>2. Safety and Quality – The first step of safety and quality I performed was verifying the patient's name, DOB, and allergies before giving the medication that was ordered. Additionally, after the version when the baby's heartrate started rising and there was a ROM, I acted quickly to call the physician and admit the patient to ensure her safety. Finally, I maintained all fall precautions and prioritized patient care appropriately.</li> </ol>