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DATE: 12/4/24

POST-CLINICAL REFLECTION **OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I felt nervous because i wasn't sure what to expect during the simulation.
What did you already know and do well as you provided patient care?	I knew what interventions to take when there is decreased fetal movement & felt like I performed those well.
What areas do you need to develop/improve?	I need to improve on having confidence in my skills when performing as I know my interventions/steps but I often question myself
What did you learn today?	I learned how to critically think more efficiently when it comes to a highly sensitive situation
How will you apply what was learned to improve patient care?	I will use what I learned to help me create a well developed plan for each of my patients & being sensitive to their situations & provide empathy
Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes.	<ol style="list-style-type: none">1. During simulation I provided patient centered care by demonstrating therapeutic communication when my patient began expressing their concerns about the situation2.3.