

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

**POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical?  Why?	Some feelings that I experienced was nervousness, I think SIM always makes me a tad bit anxious just because you always go in with a plan and it most of the time doesn't go as planned.
What did you already know and do well as you provided patient care?	Coming into SIM I knew the major priorities that I needed to manage just based on my knowledge from class. Mom has gestational diabetes, and I was prepared to assist mom and baby with their sugar levels and s's of labor that later let me know mom was going into labor.
What areas do you need to develop/improve?	Some areas I need to improve would be in double checking my fluids that I are running by checking their rates and comparing them to the doctors' orders.
What did you learn today?	I learned so much, I unfortunately missed my L&D clinical, so it was nice to see "a birth". Also, I learned to have more confidence in myself and reassured on my knowledge of OB.
How will you apply what was learned to improve patient care?	I will apply what I learned to improve my patient care by having more confidence in my knowledge and simply double checking my patients' IV fluids – doing a walk-through of my pt room to verify everything is correct in relation to my orders. In addition, being a charge nurse in a different scenario helped me to ALWAYS verify the visitor in the room with mom.
Please <b>reflect</b> on how your OB simulation learning experience assisted in meeting 2-3 of the <b>Student Learning Outcomes</b> .	<ol style="list-style-type: none"> <li>1. Safety &amp; Quality: During SIM, I was able to administer insulin using the sliding scale to ensure mom is not hyper/hypoglycemic during labor.</li>   <li>2. Patient Centered Care: During SIM, I was able to answer mom and family members questions regarding the birthing process to ease their anxiety.</li> </ol>