

Cassandra Galaviz
Janet Pia
Module Eight
1 December 2024

Final Reflection

As my final reflection begins, I would just like to say how amazing the opportunity to do a 120-hour preceptorship is. The focus of our module has been transitioning from a student nurse to a nurse. The preceptorship has given me knowledge, hands-on experience, and most of all confidence. Every time I encountered a patient, I was not afraid to engage and start building rapport with my patient. I feel that as a nurse it is important to be a great first impression because they are coming to the hospital where no one likes to be. They are coming for a reason and sometimes that reason can be very scary. Being knowledgeable and confident play the next role of caring for your patient. I have gained so much confidence in all aspects of being a nurse. Everything we have learned thus far has just come together and it's just like tying it all together alongside my preceptor.

I have been able to be a part of so many happy moments of bringing a life into the world. Also, be a part of some of the saddest and scariest moments a mom can endure. Whether happy or sad, I have taken every experience with me and learned from it. The first birth I witnessed and many more literally brought tears to my eyes. The opportunity to precept as a Labor and Delivery nurse is a dream come true. I am forever grateful to Covenant School of Nursing, my preceptor, and the many families that allowed me to be a part of their journey.

Obstetrics has been so intriguing to me because everybody's bodies are different, and you never know what you're going to encounter in pregnancy. Being able to recognize cues that something is going on with either mom or baby or both is so important. Things can change in seconds and being able to think fast and intervene for your patient is crucial. There were many times where we had to hop up and run to a room to help our fellow nurses in an emergency case when they called out. I have gained teamwork skills being able to assist in emergency situations. You can have a healthy patient or a very critical patient. In any situation we had to be fast on our feet and be ready for any situation. Patients walk in all the time planned or unplanned.

As a Labor and Delivery nurse you are OB ED nurse, labor and delivery nurse, OR circulator nurse, recovery nurse, and baby becomes your patient as well. They play so many different roles in the department. Being able to be in the role of all these positions has strengthened every part of me as a person and as a new nurse. I am so thankful for being given the chance to grow as nurse.