

## Outpatient Surgery Reflection Questions

1. What types of patients (diagnoses/surgical procedures) did you see in the Outpatient Surgery?  
**Soft cleft toe rearrangement, Right elbow closed vs open reduction internal fixation-left elbow hardware removal. Complex CIRC Revision and Dilation and Curetting suction**
2. The majority of the patients who came into the Outpatient Surgery were from which age group? Was this what you expected? **Toddlers and preschoolers. Yes I expected that because in toddler and preschool, they learn the environment and play in it.**
3. How did growth and development come into play when caring for patients (both in preop and in postop rooms)? **Because this were a group of toddlers, during pre-op there was child life talking to the children and calming them down, there were also toys to relieve anxiety. In post op child life was there to be with the child because some were angry and needed support after the anesthesia, the parents to provided support post-op, by reading them a book or playing cartoons.**
4. What types of procedures did you observe or assist with? **None**
5. What are some common post-op instructions given to the patient/caregivers? **Pain medication was to be given every 3 hrs. Or as needed, to make sure to check the incision was clean and dry and not inflamed. Check patients breathing after anesthesia. Pt has to be able to drink fully before going home.**
6. Give examples of non-pharmacological comfort nursing interventions you saw preop and postop? **Pre-op was destructions like toys tablets while post op I didn't have any but some would be cold packs for swelling music therapy, toys and tablets. Heating pads for hysterectomy.**

7. What complications (red flags) from anesthesia did you watch for and how did you monitor?  
**None I didn't have any post to observe.**
8. What is the process for obtaining a procedural consent for a pediatric patient? **Ask the patient explain what the procedure would be, Need for blood products in surgery and consent for anesthesia. And then the nurse witnessing would sign.**
9. How does the NPO status change based on age or if infant takes breast milk vs formula? **For an infant taking breast milk is 4hrs NPO while formula is 6 hrs. NPO**
10. What role does the Child Life Specialist play in the Outpatient Surgery? If not observed, how could they be part of your interdisciplinary team? **Talk to kids and reassure them about the medicine they are given. Explain the procedure for the kids understanding, draw labs and do ivs. Be with the child after surgery if they are angry to support the child.**