

NAME: Elizabeth Dye \_\_\_\_\_

DATE: 11-21-24

### POST-CLINICAL REFLECTION **OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical?  Why?	Some anxiety but a lot less compared to other modules. It helped going in as a team and knowing they have your back and can help keep you focused. I also feel a lot more confident now going into L&D and M&B clinicals.
What did you already know and do well as you provided patient care?	I already knew what to do for a hypoglycemic baby and followed those protocols. I also feel very comfortable talking to mom and asking necessary questions.
What areas do you need to develop/improve?	Definitely safety with babies and pediatric patients. I need to get in the habit of double checking wristbands and asking visitors about relations to the patient.
What did you learn today?	I learned how to delegate tasks and how to go about proceeding with labor using the knowledge we have from moms history and risk factors. I learned how to be as calm and collected as possible when things aren't looking too good for baby or mom.
How will you apply what was learned to improve patient care?	I will use what I learned to enact good safety and security precautions with my patients. I also will implement the knowledge I gained about different OB scenarios in the real world, so when those things happen I can handle it with confidence.
Please <b>reflect</b> on how your OB simulation learning experience assisted in meeting 2-3 of the <b>Student Learning Outcomes</b> .	<ol style="list-style-type: none"><li>1. I learned how to communicate/collaborate effectively with patients as well as other staff. From delegating tasks to implementing birth plans and mothers wants.</li><li>2. I learned new clinical judgement skills. When to initiate IUR, calling the OB, and proceeding with labor.</li><li>3. I learned professionalism by still using therapeutic communication with family members and having a poker face when comments or questions are made.</li></ol>

