

Shelby Alexander

Final Clinical Reflection

Overall, clinical has been a wonderful experience. I've vastly enjoyed my time on all the floors and my preceptor has been wonderful. I've learned a lot about meds, how to interact with family members, education etc. The one thing I'd like to focus on was one patient I had who came in for seizures. His family was from Muleshoe and only spoke Spanish so that language barrier was a little bit of an issue. The patient had already been seen by neurology in the previous months due to his seizures. As of when we saw him, he was much better and was taking Keppra for his seizures while in the hospital. He had no more seizures while under our care; but no EEG or continuous monitoring was done for him. There was also conflicting information in the doctor's notes as for the reason he was there and if Child Protective Services had been called. Per the notes, the school nurse had contacted CPS due to the mom not bringing his emergency seizure medication to school multiple times. Because of this, I thought maybe they were having financial issues and couldn't afford the medication that was prescribed. We went and asked her via the translator why she wasn't getting the meds and she said it was because the pharmacy ran out. She said she had Medicare and showed us her card. In our roles, we are not able to verify whether there Medicare is active or not. Because of this, we then ordered the patient's prescription and sent it to where they could get it. Both me and my nurse were wary about sending him home due to his admission being from not having the meds he needed. We called the hospitalist due to our concerns and told them of the situation. The hospitalist said to discharge them, so we discharged them. Out of that whole situation, I felt like we did our best to provide the best care and figure out what the issue was for the patient. There was only so much we could do; no tests or referrals were made by the admitting provider, and we expressed concern with that. Overall, it gave me a glimpse of how the medical system sometimes doesn't work even when we try our best. I wasn't

happy with the outcome, but all the players must want the same goal in order for things to run smoothly. Through all of clinicals I have learned a lot about the healthcare system and family dynamics. I learned how to interact with all kinds of people and how to help them. I learned how to chart and communicate with others. I will be a better nurse because of it and I am grateful for the opportunities I was given. I am more confident and quicker at doing my job because of clinical.