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**POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical?  Why?	I felt like I was not present during the simulation because I was in the “med” room and not with my patient. By the time I had went back into the room the patient was delivering the child and the child was in distress.
What did you already know and do well as you provided patient care?	I knew what meds were needed to give, I knew we needed NICU on standby due to an unknown gestation, and I was able to delegate roles to the other nurses to help me.
What areas do you need to develop/improve?	I need to learn and understand the APGAR score more in depth. I was unsure what to do with the APGAR score I got.
What did you learn today?	I learned that things can happen very quickly even and I will not always be able to be in the room with my patient.
How will you apply what was learned to improve patient care?	I will continue to delegate roles and do better at critical thinking such as “what is most important to do”.
Please <b>reflect</b> on how your OB simulation learning experience assisted in meeting 2-3 of the <b>Student Learning Outcomes</b> .	1.I learned more critical thinking espically when there is no HX on the patient.  2.I learned how to delegate roles and create controlled chaos.  3.Not all babies will be born alive.

