

### IM5 Clinical Worksheet – Pediatric Floor

<b>Student Name:</b> Victoria Borono <b>Date:</b> 11/13/24	<b>Patient Age:</b> 12 y/o <b>Patient Weight:</b> kg 67.5
<b>1. Admitting Diagnosis and Pathophysiology (State the pathophysiology in own words)</b> Car accident → Trauma caused to body leady to <del>fracture</del> life-threatening injuries on various parts of the body	<b>2. Priority Focused Assessment You Will Perform Related to the Diagnosis:</b> Respiratory assessment
<b>3. Identify the most likely and worst possible complications.</b> Trauma brain injury    Cardiac arrest Bone fracture hemorrhage Pressure ulcers	<b>4. What interventions can prevent the listed complications from developing?</b> monitoring vital signs (Respiration) Assessing skin for bleeding
<b>5. What clinical data/assessments are needed to identify these complications early?</b> Neuro assessment Xray (CT scans MRI) CBC	<b>6. What nursing interventions will the nurse implement if the anticipated complication develops?</b> Start CPR if cardiac arrest If Hemorrhage stop the bleed and call doctor for anticoagulants Turn patient every 2hrs (pressure ulcers)
<b>7. Pain &amp; Discomfort Management: List 2 Developmentally Appropriate Non-Pharmacologic Interventions Related to Pain &amp; Discomfort for This Patient.</b> 1. Electronic videogames 2. Parent support holding patient	<b>8. Patient/Caregiver Teaching:</b> 1. Monitor for ab Pain assessment if patient seen in pain to let me know 2. NPO, nothing by mouth 3. Teaching about each medication and to watch out for any of the side effects <b>Any Safety Issues identified:</b> None

Pediatric Floor Patient #1

INTAKE/OUTPUT																		
<b>PO/Enteral Intake</b>	07	08	09	10	11	12	13	14	15	16	17	18	Total					
PO Intake/Tube Feed						1.5ml	1.5ml	1.5ml	1.5ml	1.5ml	1.5ml	1.5ml	72					
Intake - PO Meds																		
<b>IV INTAKE</b>	07	08	09	10	11	12	13	14	15	16	17	18	Total					
IV Fluid						76	76	76	76	76	76	76						
IV Meds/Flush						2.5	7.6											
IV fluid						169	76	6	169	76	6		183					
<b>Calculate Maintenance Fluid Requirement (Show Work)</b>						<b>Actual Pt IV Rate</b>												
$10 \times 100 = 1000$ $10 \times 50 = 500$ $47.5 \times 20 = 950$						$30.5 \times 6 = 183$ TPT $\rightarrow 5 \text{ ml/hr}$ IV med $\rightarrow 7.6 \text{ ml/hr}$ $6 \times 16.9$ <b>Rationale for Discrepancy (if applicable)</b>												
<b>OUTPUT</b>						07	08	09	10	11	12	13	14	15	16	17	18	Total
Urine/Diaper						350	125	115	100									690
Stool						350	125	115										
Emesis																		
Other																		
<b>Calculate Minimum Acceptable Urine Output</b>						<b>Average Urine Output During Your Shift</b>												
$0.5 \times 67.5 \times 1 = 33.75 \text{ ml/hr}$						$19 = 1 \text{ ml}$ $690 / 6 = 115 \text{ ml/hr}$												

First 10kg x 100  
 Second 10 x 50  
 Remaining x 20  
 24 hrs  
 67.5  
 methadone  
 $\rightarrow$  pain  
 0.5 mg/hr  
 Children 2yrs  
 older  
 Infants  
 Birth - 2yrs  
 1ml/kg/hr

dopa  
~~2.5~~  
 11-12:30  
 1 hr  
7.6 ml/hr

Fluids dexmedetomidine 0.69 ml/hr dopamine 7.6 ml/hr TPT  $\rightarrow 5 \text{ ml/hr}$

Children's Hospital Early Warning Score (CHEWS)	
(See CHEWS Scoring and Escalation Algorithm to score each category)	
Behavior/Neuro	Circle the appropriate score for this category: 0 1 2 3
Cardiovascular	Circle the appropriate score for this category: 0 1 2 3
Respiratory	Circle the appropriate score for this category: 0 1 2 3
Staff Concern	1 pt - Concerned
Family Concern	1 pt - Concerned or absent
<b>CHEWS Total Score</b>	
CHEWS Total Score	Total Score (points) <u>4</u>
	Score 0-2 (Green) - Continue routine assessments
	Score 3-4 (Yellow) - Notify charge nurse or LIP, Discuss treatment plan with team, Consider higher level of care, Increase frequency of vital signs/CHEWS/assessments, Document interventions and notifications
	Score 5-11 (Red) - Activate Rapid Response Team or appropriate personnel per unit standard for bedside evaluation, Notify attending physician, Discuss treatment plan with team, Increase frequency of vital signs/CHEWS/assessments, Document interventions and notifications

**Pediatric Floor Patient #1**

GENERAL APPEARANCE	CARDIOVASCULAR	PSYCHOSOCIAL
<b>Appearance:</b> <input type="checkbox"/> Healthy/Well Nourished <input checked="" type="checkbox"/> Neat/Clean <input type="checkbox"/> Emaciated <input type="checkbox"/> Unkept <b>Developmental age:</b> <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Delayed	<b>Pulse:</b> <input checked="" type="checkbox"/> Regular <input type="checkbox"/> Irregular <input checked="" type="checkbox"/> Strong <input type="checkbox"/> Weak <input type="checkbox"/> Thready <input type="checkbox"/> Murmur <input type="checkbox"/> Other _____ <b>Edema:</b> <input type="checkbox"/> Yes <input type="checkbox"/> No Location <u>generalized</u> <input type="checkbox"/> 1+ <input checked="" type="checkbox"/> 2+ <input type="checkbox"/> 3+ <input type="checkbox"/> 4+ <b>Capillary Refill:</b> <input checked="" type="checkbox"/> < 2 sec <input type="checkbox"/> > 2 sec <b>Pulses:</b> Upper R <u>2+</u> L <u>2+</u> Lower R <u>2+</u> L <u>2+</u> 4+ Bounding 3+ Strong 2+ Weak 1+ Intermittent 0 None	<b>Social Status:</b> <input checked="" type="checkbox"/> Calm/Relaxed <input checked="" type="checkbox"/> Quiet <input type="checkbox"/> Friendly <input type="checkbox"/> Cooperative <input type="checkbox"/> Crying <input type="checkbox"/> Uncooperative <input type="checkbox"/> Restless <input type="checkbox"/> Withdrawn <input type="checkbox"/> Hostile/Anxious <b>Social/emotional bonding with family:</b> <input checked="" type="checkbox"/> Present <input type="checkbox"/> Absent
NEUROLOGICAL	ELIMINATION	IV ACCESS
<b>LOC:</b> <input type="checkbox"/> Alert <input type="checkbox"/> Confused <input type="checkbox"/> Restless <input checked="" type="checkbox"/> Sedated <input type="checkbox"/> Unresponsive <b>Oriented to:</b> <u>voices/touch</u> <input checked="" type="checkbox"/> Person <input type="checkbox"/> Place <input type="checkbox"/> Time/Event <input type="checkbox"/> Appropriate for Age <b>Pupil Response:</b> <input checked="" type="checkbox"/> Equal <input type="checkbox"/> Unequal <input checked="" type="checkbox"/> Reactive to Light <input type="checkbox"/> Size <u>2mm</u> <b>Fontanel:</b> (Pt < 2 years) <input type="checkbox"/> Soft <input type="checkbox"/> Flat <input type="checkbox"/> Bulging <input type="checkbox"/> Sunken <input type="checkbox"/> Closed <b>Extremities:</b> <u>not able</u> <input type="checkbox"/> Able to move all extremities <input type="checkbox"/> Symmetrically <input type="checkbox"/> Asymmetrically Grips: Right <u>W</u> Left <u>W</u> Pushes: Right <u>W</u> Left <u>W</u> S=Strong W=Weak N=None <b>EVD Drain:</b> <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Level _____ <b>Seizure Precautions:</b> <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	<b>Urine Appearance:</b> <u>yellow</u> <b>Stool Appearance:</b> <u>none</u> <input type="checkbox"/> Diarrhea <input type="checkbox"/> Constipation <input type="checkbox"/> Bloody <input type="checkbox"/> Colostomy <u>No stool</u>	<b>Site:</b> <u>Right hand</u> <input type="checkbox"/> INT <input type="checkbox"/> None <input checked="" type="checkbox"/> Central Line <u>Pic line</u> Type/Location: <u>Right</u> <b>Appearance:</b> <input checked="" type="checkbox"/> No Redness/Swelling <input type="checkbox"/> Red <input type="checkbox"/> Swollen <input type="checkbox"/> Patent <input checked="" type="checkbox"/> Blood return <b>Dressing Intact:</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <b>Fluids:</b> _____
RESPIRATORY	GASTROINTESTINAL	SKIN
<b>Respirations:</b> <input checked="" type="checkbox"/> Regular <input type="checkbox"/> Irregular <input type="checkbox"/> Retractions (type) _____ <input type="checkbox"/> Labored <b>Breath Sounds:</b> Clear <input type="checkbox"/> Right <input type="checkbox"/> Left Crackles <input checked="" type="checkbox"/> Right <input checked="" type="checkbox"/> Left Wheezes <input type="checkbox"/> Right <input type="checkbox"/> Left Diminished <input type="checkbox"/> Right <input type="checkbox"/> Left Absent <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Room Air <input type="checkbox"/> Oxygen <b>Oxygen Delivery:</b> <input type="checkbox"/> Nasal Cannula: _____ L/min <input type="checkbox"/> BiPap/CPAP: <input type="checkbox"/> Vent: ETT size @ _____ cm <input type="checkbox"/> Other: <u>intubated</u> <b>Trach:</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Size <u>21cm</u> Type <u>endotracheal</u> Obturator at Bedside <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <b>Cough:</b> <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No <input type="checkbox"/> Productive <input type="checkbox"/> Nonproductive <b>Secretions:</b> Color <u>H/A</u> Consistency <u>N/A</u> <b>Suction:</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Type <u>low intermittent</u> <b>Pulse Ox Site:</b> <u>Right hand</u> <b>Oxygen Saturation:</b> <u>100</u>	<b>Abdomen:</b> <input type="checkbox"/> Soft <input type="checkbox"/> Firm <input type="checkbox"/> Flat <input checked="" type="checkbox"/> Distended <input type="checkbox"/> Guarded <b>Bowel Sounds:</b> <input type="checkbox"/> Present X <u>4</u> quads <input type="checkbox"/> Active <input checked="" type="checkbox"/> Hypo <input type="checkbox"/> Hyper <input type="checkbox"/> Absent <b>Nausea:</b> <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No <b>Vomiting:</b> <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No <b>Passing Flatus:</b> <input type="checkbox"/> Yes <input type="checkbox"/> No <b>Tube:</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Type _____ Location <u>NOSE</u> Inserted to <u>6.5</u> cm <input type="checkbox"/> Suction Type: <u>Salem Sump</u> <u>low suction</u> <u>to center mouth</u>	<b>Color:</b> <input checked="" type="checkbox"/> Pink <input type="checkbox"/> Flushed <input type="checkbox"/> Jaundiced <input type="checkbox"/> Cyanotic <input type="checkbox"/> Pale <input type="checkbox"/> Natural for Pt <b>Condition:</b> <input checked="" type="checkbox"/> Warm <input type="checkbox"/> Cool <input type="checkbox"/> Dry <input type="checkbox"/> Diaphoretic <b>Turgor:</b> <input type="checkbox"/> < 5 seconds <input type="checkbox"/> > 5 seconds <b>Skin:</b> <input type="checkbox"/> Intact <input checked="" type="checkbox"/> Bruises <input type="checkbox"/> Lacerations <input checked="" type="checkbox"/> Tears <input type="checkbox"/> Rash <input checked="" type="checkbox"/> Skin Breakdown Location/Description: <u>abdomen, hip</u> <b>Mucous Membranes:</b> Color: _____ <input type="checkbox"/> Moist <input type="checkbox"/> Dry <input type="checkbox"/> Ulceration
	NUTRITIONAL	PAIN
	<b>Diet/Formula:</b> <u>heptamin junior, TPN</u> <b>Amount/Schedule:</b> <u>1.5ml/hr</u> <b>Chewing/Swallowing difficulties:</b> <u>MPD</u> <input type="checkbox"/> Yes <input type="checkbox"/> No	<b>Scale Used:</b> <input type="checkbox"/> Numeric <input checked="" type="checkbox"/> FLACC <input type="checkbox"/> Faces <b>Location:</b> <u>everywhere</u> <b>Type:</b> _____ <b>Pain Score:</b> <u>8</u> 0800 _____ 1200 <input checked="" type="checkbox"/> 1600 _____
	MUSCULOSKELETAL	WOUND/INCISION
	<input type="checkbox"/> Pain <input checked="" type="checkbox"/> Joint Stiffness <input checked="" type="checkbox"/> Swelling <input type="checkbox"/> Contracted <input checked="" type="checkbox"/> Weakness <input type="checkbox"/> Cramping <input type="checkbox"/> Spasms <input type="checkbox"/> Tremors <b>Movement:</b> <u>NONE</u> <input type="checkbox"/> RA <input type="checkbox"/> LA <input type="checkbox"/> RL <input type="checkbox"/> LL <input type="checkbox"/> All <b>Brace/Appliances:</b> <input type="checkbox"/> None Type: <u> Cervical collar neck / foot</u>	<input type="checkbox"/> None <b>Type:</b> <u>Traumatic</u> <b>Location:</b> <u>both hands, hip groin</u> <b>Description:</b> <u>wound everywhere</u> <b>Dressing:</b> <u>intact clean</u>
	MOBILITY	TUBES/DRAINS
	<input type="checkbox"/> Ambulatory <input type="checkbox"/> Crawl <input type="checkbox"/> In Arms <input type="checkbox"/> Ambulatory with assist _____ <b>Assistive Device:</b> <input type="checkbox"/> Crutch <input type="checkbox"/> Walker <input type="checkbox"/> Brace <input type="checkbox"/> Wheelchair <input checked="" type="checkbox"/> Bedridden	<input type="checkbox"/> None <input checked="" type="checkbox"/> Drain/Tube <b>Site:</b> <u>groin</u> <b>Type:</b> <u>urethral catheter</u> <b>Dressing:</b> _____ <b>Suction:</b> _____ <b>Drainage amount:</b> _____ <b>Drainage color:</b> _____