

NAME:   Halee Alsabrook   DATE:   11-13-24  

**POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical?  Why?	I was a little nervous in the beginning but as the scenarios went on my nerves subsided. Going in as the nurse, I wasn't sure what to expect or what outcome was going to come but I went in confidently and did everything I could so that there would be a positive outcome.
What did you already know and do well as you provided patient care?	Something I already knew was the SBAR on the patient so I knew going in what she was experiencing but I did not know that she would go into labor and have a baby all in the span of 15 mins. I feel that I had good sterile technique while doing the vaginal exam and communicating what was happening with baby.
What areas do you need to develop/improve?	I feel that areas that I can improve are my confidence with caring for a patient and therapeutic communication.
What did you learn today?	I learned a lot! I learned is how to confidently place a FHM monitor and TOCO onto moms' belly so that we could get accurate readings on the machine.
How will you apply what was learned to improve patient care?	I will be able to confidently go into the hospital for clinicals and tell my nurse that I can place those on mom to help her out.
Please <b>reflect</b> on how your OB simulation learning experience assisted in meeting 2-3 of the <b>Student Learning Outcomes</b> .	<ol style="list-style-type: none"><li>1. Patient Centered Care: I accomplished patient centered care by Creating a Plan and following through with it regardless of if the circumstances in the room.</li> <li>2.</li> <li>3.</li></ol>

