

## POST-CLINICAL REFLECTION **OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical?  Why?	During clinical I was very anxious prior to beginning my scenario, I was nervous about the baby being born alive or the patient potentially having a seizure.
What did you already know and do well as you provided patient care?	I anticipated the patient delivering the baby and I took in extra sterile gloves in prep for needing to call the Dr for delivery. I remained calm and did my best to stay focused on the patient.
What areas do you need to develop/improve?	I want to improve on my ability to read the fetal strips, and being able to tell when a patients symptoms are signs of something more or to be expected given that the patient is about to deliver.
What did you learn today?	I learned I need to look at more fetal strips, stay calm and not be afraid to call for an extra nurse when Im not sure.
How will you apply what was learned to improve patient care?	These experiences will help me improve my patient care by helping me be more forward thinking and furthering my knowledge by studying.

Please **reflect** on how your OB simulation learning experience assisted in meeting 2-3 of the **Student Learning Outcomes.**

1. Communication and Collaboration - I feel like I worked in this area by working closely with my second nurse and communicating with the doctor.

2. Clinical Judgement - I used this when I decided to turn off the Oxytocin because the contractions seemed to be coming to close together and also starting IUR when the patient began complaining of nausea, dizziness, and feeling "really weird". IUR was started rapidly and the patient seemed to have improvement in her symptoms.

3. Patient centered care- I demonstrated this by asking the patient if she wanted her baby placed on her chest after delivery and questioning her about her want/preference for pain management.