

Adult/Geriatric Medication Worksheet – Current Medications & PRN from 12pm prior day to 12pm current day

Allergies: NKDA

Primary IV fluid and rate: 9% NS KVO. (ISOTONIC)

SOURCES: drugs.com; Davis Drug Guide; Zoloft.com; Mayo Clinic; Cleveland Clinic

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
D 5 ½	150 ML/HR IV	150 ML/HR IV	GIVEN TO PREVENT DEHYDRATION OR HYPOVOLEMIA WHILE ALSO PROVIDING GLUCOSE.	MONITOR PT FOR POSSIBLE FLUID OVERLOAD. MONITOR ELECTROLYTES CLOSELY. CAREFULLY CHECK COMPATIBILITY WITH OTHER MEDS.
ZOLPIDEM	5 MG ORAL	N/A	PRESCRIBED FOR INSOMNIA.	CAN CAUSE SLEEPWALKING OR SIMILAR BEHAVIOR. TAKE IMMEDIATELY BEFORE BED ON EMPTY STOMACH. CAN CAUSE DIZZINESS. (FALL RISK)
MORPHINE	4 MG IVP Q 2 HOURS	4 MG IVP	PRESCRIBED FOR PAIN.	CLOSELY MONITOR RESP DRIVE (PT IS COMPROMISED) MONITOR BP AND HEART RATE. TAKE FIBER TO PREVENT CONSTIPATION.
METOCLOPRAMIDE	10 MG IVP Q 6 HOURS	10 MG IVP	ANTI-EMETIC THAT BINDS TO DA RECEPTORS IN THE BRAIN AND STOPS THE REFLEX TO VOMIT.	DIARRHEA COMMON. LOW WBC COUNT CAN OCCUR (COMPROMISED IMMUNE SYSTEM) MONITOR LABS BEFORE CHEMO TREATMENTS.
NEUTRA-PHOS	ORAL 4X DAILY	N/A	IMPROVES APPETITE AND REPLACES PHOSPHORUS LOST DUE TO VOMITING OR DECREASED INTAKE.	DIZZINESS CAN OCCUR (FALL RISK) NAUSEA AND VOMITING CAN WORSEN. DO NOT TAKE WITH DAIRY PRODUCTS (ABSORPTION CAN BE AFFECTED)

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DEXAMETHASONE	4 MG IVP (2 DOSES)	4 MG IVP	ANTI-INFLAMMATORY DRUG/ANTI-EMETIC	CAN HELP TO STIMULATE APPETITE. REPORT BONE/JOINT PAIN IMMEDIATELY. AVOID CROWDS DUE TO IMMUNE SYSTEM DEPRESSION. DRUG CAN ALSO MASK SIGNS OF INFECTION.
LACTULOSE	10 G ORALLY 3 X DAILY	N/A	STOOL SOFTENER/LAXATIVE	MAY NOT TAKE EFFECT FOR UP TO 48 HOURS. ENCOURAGE FLUIDS, FIBER, & AMBULATION TO HELP WITH CONSTIPATION. REPORT DIARRHEA.