

POST-CLINICAL REFLECTION **OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I was nervous when I came into sim, because our past sim labs have always thrown a curve at us. I went into my scenario and was anxious because I was expecting to have to do interventions for the baby's heart rate and everything was normal. So I felt like we over complicated it a bit but we did getting everything done.
What did you already know and do well as you provided patient care?	I knew what my priorities were going into the room and my secondary nurse and I did complete all of them. We were very aware of everything that was going on and we knew what interventions needed to be done if something was to go wrong.
What areas do you need to develop/improve?	I need to improve on identifying the different fetal heart rates and patterns, as well as the contraction patterns. We also were so focused on looking for something to go wrong, we need to be more confident in what we are doing.
What did you learn today?	I learned a lot at Sim. It was helpful to see how these scenarios would actually play out while in a practice setting. This sim reinforced the prioritizations for these scenarios and helped us practice them.
How will you apply what was learned to improve patient care?	I will apply this new knowledge to my clinical experiences in the future and to any future encounters with pregnant women and babies. This helped me feel more prepared for the upcoming clinicals.

Please **reflect** on how your OB simulation learning experience assisted in meeting 2-3 of the **Student Learning Outcomes.**

1.

Patient Centered Care: I demonstrated family centered care by listening to the concerns that the family had about supplies and resources. I consulted with case management and the secondary nurse gave the patient information about resources in Lubbock.

2.

Clinical Judgement: We demonstrated clinical judgement by observing everything that was going on in the room including the fetal heart rate and contraction monitor. We used all of these signs and symptoms to determine if intrauterine resuscitation interventions were needed or not.

3.

Communication & Collaboration: I communicated well with my partner during the scenarios that I participated in. Together we were able to recognize and complete all of our priorities. We demonstrated good collaboration by doing the tasks together.