

IM6 Critical Thinking Worksheet

Student Name: Abriane Trinidad 11/5/24 imo Mom & Baby	Nursing Intervention #1: Have pt. sit up, avoid laying flat	Date: 11/5/24
Priority Nursing Problem: Pain (Incisional) <u>Acid Reflux</u>	Evidence Based Practice: To help digestive system w/ gravity	Patient Teaching (specific to Nursing Diagnosis): Educate pt to sit up at least for 30-45mins after eating, and avoid any foods that make it worse.
Related to (r/t): GERD	Evidence Based Practice: to promote peristalsis of the digestive tract	
As Evidenced by (aeb): Diagnosed w/ GERD at age 30	Nursing Intervention #2: Have pt. ambulate	
Desired Patient Outcome (SMART goal): To relieve heartburn	Evidence Based Practice: teach pt that fatty, greasy foods can make GERD worse.	Discharge Planning/Community Resources: Take meds as prescribe and update phy. if symptoms become worse.

Student Name:

Date:

<p>Situation: Patient Room #: <u>413</u> Allergies: <u>NKDA</u> Delivery Date & Time: <u>11/4 @ 1702</u></p> <p>NSVD <u>—</u> PC/S <u>—</u> RC/S <u>—</u> Indication for C/S: <u>NU</u></p> <p>QBL: <u>224</u> BTL: <u>—</u> LMP: <u>2/8/24</u> Est. Due Date: <u>11/14</u></p> <p>Prenatal Care: <u><28 wks</u> <u>YES</u> LPNC <u>—</u> Anesthesia: None <u>Epidermal</u> Spinal <u>—</u></p> <p>General <u>Duramorph/PCA</u></p>	<p>Background: Patient Age: <u>34</u> y/o Gravida: <u>2</u> Para: <u>2</u> Living: <u>2</u> Gestational Age: <u>38</u> weeks Hemorrhage Risk: Low <u>Medium</u> High <u>—</u></p> <p>Prenatal Risk Factors/Complications: <u>Lupus, hypothyroidism, GDM</u></p> <p>NB Complications: <u>GDM</u></p>	<p>VS: Q4hr <u>Q8hr</u> 0800: 1200: T: <u>97.9</u> RR: <u>16</u> RR: <u>123/89</u> HR: <u>76</u> O2: <u>95%</u> MAP: <u>100</u> Pain: <u>0</u></p> <p>Diet: <u>UP 5</u> Pain Level: <u>0/10</u> Activity: <u>WALKING</u></p> <p>Newborn: Male <u>Female</u> Feeding: <u>Breast</u> Pumping <u>Bottle</u> Formula: <u>Similac</u> Neosure <u>Sensitive</u> Apgar: 1min <u>8</u> 5min <u>9</u> 10min <u>—</u> Wt: <u>0</u> lbs <u>12</u> oz Ht: <u>21.5</u> inches</p>	<p>MD: <u>Bernnette Henderson</u> <u>Mom-Bernnet Henderson</u> <u>Baby-Caroline Majors</u></p> <p>Consults: <u>+</u> Social Services: <u>—</u></p> <p>Psych: <u>—</u></p> <p>Lactation: <u>offered prescription for pump</u></p> <p>Case Mgmt: <u>—</u> Nutritional: <u>—</u></p>
<p>Maternal Lab Values: Blood Type & Rh <u>O+</u> Rhogham @ 28 wks: Yes <u>NO</u> Rubella: <u>Immune</u> Non-immune <u>—</u> RPR: R / NR HBSAG: + / <u>-</u> HIV: + / <u>-</u> GBS: + / <u>-</u> Treated: <u>-</u> X H&H on admission: <u>12.5</u> hgb / <u>34.7</u> hct</p>	<p>Newborn Lab Values: Blood Type & Rh <u>O+</u> POC Glucose: <u>49</u> Coombs: + / - Q12hr Q24hr AC Glucose: <u>56</u> <u>49</u> Bilirubin (Tcb/Tsb): <u>—</u> CCHD <u>02</u> Sat: <u>—</u> Pre-ductal <u>—</u> % Post-ductal <u>—</u> % Other Labs: <u>20hrs old</u></p>	<p>Vaccines/Procedures:</p> <p>Maternal: MMR consent <u>—</u> Date given: <u>—</u> Tdap: Date given <u>8/22/24</u> Refused <u>NO</u> Rhogham given PP: Yes <u>NO</u></p> <p>Newborn: Hearing Screen: Pass <u>—</u> Retest <u>—</u> Refer <u>—</u> Circumcision: Procedure Date <u>—</u> Plastibell <u>—</u> Gomco <u>—</u> Voided <u>0</u> / / N Bath: Yes <u>—</u> Refused <u>—</u></p>	

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<p>Student Name: Aporiane Trinidad 11/5/24 imm Mom & Baby</p>	<p>Nursing Intervention #1: Have pt. sit up, avoid laying flat</p> <p>Evidence Based Practice: To help digestive system w/ gravity</p> <p>Nursing Intervention #2: Have pt. ambulate</p>	<p>Date: 11/5/24</p> <p>Patient Teaching (specific to Nursing Diagnosis): Educate pt to sit up at least for 30-45mins after eating, and avoid any foods that make it worse.</p>
<p>Priority Nursing Problem: Pain (Incisional) <u>Acid Reflux</u></p>	<p>Evidence Based Practice: To promote peristalsis of the digestive tract</p> <p>Nursing Intervention #3: avoid certain foods</p>	<p>Discharge Planning/Community Resources: Take meds as prescribe and update phy. if symptoms become worse.</p>
<p>Related to (r/t): GERD</p> <p>As Evidenced by (aeb): Diagnosed w/ GERD at age 30</p>	<p>Evidence Based Practice: Teach pt that fatty, greasy foods can make GERD worse.</p>	
<p>Desired Patient Outcome (SMART goal): To relieve heartburn</p>		