

## Outpatient Surgery Reflection Questions

1. What types of patients (diagnoses/surgical procedures) did you see in the Outpatient Surgery?  
Bilateral Myringotomy with tubes, Laparoscopic Salpingectomy, and a D&C, Hysteroscopy
2. The majority of the patients who came into the Outpatient Surgery were from which age group?  
Was this what you expected?  
Toddler (1-3years) and two adult patients ranging from 31-63. I did expect the toddler age group, I was a little surprised at the older population but seeing why they were there made sense to me.
3. How did growth and development come into play when caring for patients (both in preop and in postop rooms)?  
All of the toddlers I saw each came with a transitional object
4. What types of procedures did you observe or assist with?  
I did not get to see a procedure, but I did get to see IVs inserted with the patients who had difficult veins.
5. What are some common post-op instructions given to the patient/caregivers?  
How to administer ear drops and when, the times that the child could take Motrin alternated with Tylenol (every 4 hours switch), and that versed can have a negative effect when they wake up. Versed could make the child irritable, agitated, or lethargic and we taught that this is a normal behavior and will diminish after a few hours.
6. Give examples of non-pharmacological comfort nursing interventions you saw preop and postop?  
Parents holding their child's hand while taking versed, some of the parents let their child sit on their lap while waiting for their procedure.

7. What complications (red flags) from anesthesia did you watch for and how did you monitor?

Abnormal breathing (bradycardia) because of the muscle relaxant given before anesthesia and the anesthesia itself will slow down their respirations

8. What is the process for obtaining a procedural consent for a pediatric patient?

The nurse will ask for consent for blood products if needed and educate with following to make sure parents/caregivers understand the procedure, what it is over, and what is going to happen.

9. How does the NPO status change based on age or if infant takes breast milk vs formula?

Clear liquids can be given 2 hours before coming in, breastmilk can be given 4 hours, formula can be given 6-8 hours.

10. What role does the Child Life Specialist play in the Outpatient Surgery? If not observed, how could they be part of your interdisciplinary team?

The Child Life Specialist assisted by going into the patients' rooms and explaining procedures in simple terms. They would go in using a transitional object to demonstrate tubes being in the ears, and also gave them board games, coloring books and an iPad for distraction to relieve anxiety.